



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **A Bit Lit**
Type: 32 Count, 4 Wall, Improver
Choreographer: Norman Gifford (USA), February 2018
Choreographed to: Lit by Trace Adkins (111 bpm, 3:26 min)

Intro: Start after count 32

Section 1	Stomp, Kick, Coaster Cross, Side Rock 1/4 Turn, Left Shuffle	
1,2	Stomp right beside left. Kick right forward	Stomp, kick
3&4	Step right back. Step left beside right. Cross right over left	Coaster cross
5,6	Rock to side on left. Turn 1/4 right recovering on right (3:00)	Rock, turn
7&8*	Step left small step forward. Step right beside left. Step left small step forward	Left shuffle
Section 2	Heel Jack, Cross Shuffle, Side Rock, Sailor 1/4	
1&	Cross right over left. Step left back	Cross, &
2&	Touch right heel forward on diagonal (4:30). Step right small step back	Heel, &
3&4	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
5,6	Rock to side on right. Recover on left	Side rock
7&8	Turn 1/4 right crossing right behind left (6:00). Step left to left side. Step right to right side	Sailor turn
Section 3	Kick-Ball Cross x 2, Side Rock, Weave Right	
1&2	Kick left forward. Step ball of left beside right. Cross right over left	Kick-ball cross
3&4	Kick left forward. Step ball of left beside right. Cross right over left	Kick-ball cross
5,6	Rock to side on left. Recover on right	Side rock
7&8	Cross left behind right. Step right to right side. Cross left over right	Behind, side, cross
Section 4	Hinge Turn, Cross Shuffle, Side Rock 1/4 Turn, Left Shuffle	
1,2	Step right to right side. Turn 1/2 left stepping left to left side (12:00)	Side, turn
3&4	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
5,6	Rock to side on left. Turn 1/4 right recovering on right (3:00)	Rock, turn
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle
Restart	* Wall 2 (3:00) after 8 Counts (restart facing 6:00)	
	* Wall 5 (12:00) after 8 Counts (restart facing 3:00)	
