



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **All Day Long**
 Type: 64 Count, 2 Wall, Intermediate
 Choreographer: Gary Lafferty (UK)
 Choreographed to: Mr. Mom by Lonestar (174 bpm, 3:26 min)

Intro: Start after count 32

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|------------------|--|-------------------------|
| Section 1 | Toe Strut x 2, Kick, Side x 2, Hold | |
| 1,2 | Step right toe forward. Lower right heel | Toe strut |
| 3,4 | Step left toe forward. Lower left heel | Toe strut |
| 5-8 | Kick right forward. Step right to right side. Step left to left side. Hold | Kick, side, side, hold |
| Section 2 | Modified Sailor Step, Sailor Step, Hold | |
| 1-4 | Cross right behind left. Step left to left side. Scuff right. Step right to right side | Sailor step |
| 5-8#* | Cross left behind right. Step right to right side. Step left to left side. Hold | Sailor step, hold |
| Section 3 | Weave Left, Hold, Scissor Step, Hold | |
| 1,2 | Cross right behind left. Step left to left side | Behind, side |
| 3,4 | Cross right over left. Hold | Cross, hold |
| 5-8 | Step left to left side. Step right beside left. Cross left over right. Hold | Scissor step, hold |
| Section 4 | Extended Vine Right, Hold, Cross Back Rock | |
| 1,2 | Step right to right side. Cross left behind right | Side, behind |
| 3,4 | Step right to right side. Cross left over right | Side, cross |
| 5,6 | Step right to right side. Hold | Side, hold |
| 7,8 | Cross rock left behind right. Recover on right | Back rock |
| Section 5 | Rumba Box | |
| 1-4 | Step left to left side. Step right beside left. Step left forward. Hold | Side, close, step, hold |
| 5-8 | Step right to right side. Step left beside right. Step right back. Hold | Side, close, back, hold |
| Section 6 | Back Lock Step, Kick, Coaster Cross, Side | |
| 1-4 | Step left back. Lock right over left. Step left back. Kick right forward | Back, lock, back, kick |
| 5-8 | Step right back. Step left beside right. Cross right over left. Step left to left side | Coaster cross, side |
| Section 7 | Cross Back Rock, Side, Hold, Coaster Step, Hold | |
| 1,2 | Cross rock right behind left. Recover on left | Back rock |
| 3,4 | Step right to right side. Hold | Side, hold |
| 5-8 | Step left back. Step right beside left. Step left forward. Hold | Coaster step, hold |
| Section 8 | Rocking Chair, Modified Step Pivot 1/2 | |
| 1-4 | Rock forward on right. Recover on left. Rock back on right. Recover on left | Rocking chair |
| 5-8 | Step right forward. Hold. Pivot 1/2 turn left (6:00). Hold | Step, hold, pivot, hold |
| Tag | # Wall 3 (12:00) after 16 Counts (facing 12:00) | |
| | Modified Step Pivot 1/2 | |
| 1-4 | Step right forward. Hold. Pivot 1/2 turn left (6:00). Hold | Step, hold, pivot, hold |
| Restart | * Wall 3 after Tag | |