



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **All Shook Up**
 Type: 80 counts, 1 wall, Intermediate
 Choreographer: Naomi Fleetwood (USA), 1997
 Choreographed to: All Shook Up by Elvis Presley (150 bpm, 1:56 min)

Intro: Start after count 16, on the vocals; sequence AB, ABC, ABC, ABC

A Section 1 Left Shuffle, Right Shuffle, Vine Left Touch

1&2	Step left forward. Step right beside left. Step left forward	Left shuffle
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left to left side. Cross right behind left	Side, behind
7,8	Step left to left side. Touch right beside left	Side, touch

A Section 2 Back Shuffle, Back Shuffle, Vine Right Touch

1&2	Step right back. Step left beside right. Step right back	Back shuffle
3&4	Step left back. Step right beside left. Step left back	Back shuffle
5,6	Step right to right side. Cross left behind right	Side, behind
7,8	Step right to right side. Touch left beside right	Side, touch

A Section 3 Walk x 3, Kick, Walk Back x 3, Touch

1-4	Walk forward stepping left, right, left. Kick right	Walk, walk, walk, kick
5-8	Walk back stepping right, left, right. Touch left beside right	Back, back, back, touch

A Section 4 Side, Clap, Pose, Roll Hips x 2

1,2	Step left to left side extending left arm to left. Clap	Side, clap
3,4	Bring right hand to stomach. Hold	Hold
5-8	Roll hips {5,6}. Roll hips {7,8}	Roll, roll

B Section 1 Vine Left Touch, Step Pivot 1/2 x 2

1,2	Step left to left side. Cross right behind left	Side, behind
3,4	Step left to left side. Touch right beside left	Side, touch
5-8	Step right forward. Pivot 1/2 turn left (6:00). Step right forward. Pivot 1/2 turn left (12:00)	Step, pivot, step, pivot
<i>Non-turning steps 5-8: Rocking Chair</i>		
5-8	<i>Rock forward on right. Recover on left. Rock back on right. Recover on left</i>	<i>Rocking chair</i>

B Section 2 Vine Right Touch, Step Pivot 1/2 x 2

1,2	Step right to right side. Cross left behind right	Side, behind
3,4	Step right to right side. Touch left beside right	Side, touch
5-8	Step left forward. Pivot 1/2 turn right (6:00). Step left forward. Pivot 1/2 turn right (12:00)	Step, pivot, step, pivot
<i>Non-turning steps 5-8: Rocking Chair</i>		
5-8	<i>Rock forward on left. Recover on right. Rock back on left. Recover on right</i>	<i>Rocking chair</i>

C Section 1 Vine Left 1/2 Turn Scuff, Walk Back x 3, Touch

1,2	Step left to left side. Cross right behind left	Side, behind
3,4	Step left to left side. Turn 1/2 left scuffing right (6:00)	Side, turn
5-8	Walk back stepping right, left, right. Touch left beside right	Back, back, back, touch

C Section 2 Toe Strut x 4

1,2	Step left toe forward. Lower left heel	Toe strut
3,4	Step right toe forward. Lower right heel	Toe strut
5,6	Step left toe forward. Lower left heel	Toe strut
7,8	Step right toe forward. Lower right heel	Toe strut

C Section 3 Vine Left 1/2 Turn Scuff, Walk Back x 3, Touch

1,2	Step left to left side. Cross right behind left	Side, behind
3,4	Step left to left side. Turn 1/2 left scuffing right (12:00)	Side, turn
5-8	Walk back stepping right, left, right. Touch left beside right	Back, back, back, touch

C Section 4 Toe Strut x 4

1,2	Step left toe forward. Lower left heel	Toe strut
3,4	Step right toe forward. Lower right heel	Toe strut
5,6	Step left toe forward. Lower left heel	Toe strut
7,8	Step right toe forward. Lower right heel	Toe strut