



Dance: **All The Girls**  
 Type: 64 Count, 2 Wall, Intermediate  
 Choreographer: F4bulous Four: Jo Kinser (UK), Ivonne Verhagen (NL), Rhonda Lai (CAN) & Heather Barton (SCO), May 2021  
 Choreographed to: This One's For The Girls by Martina McBride (128 bpm, 4:04 min)

Intro: Start after count 32

<b>Section 1</b>	<b>Walk x 2, Right Shuffle, Forward Rock, Coaster Step</b>	
1,2,3&4	Walk forward stepping right, left. Step right forward. Step left beside right. Step right forward	Walk, walk, right shuffle
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Step left back. Step right beside left. Step left forward	Coaster step
<b>Section 2</b>	<b>Step Pivot 1/2, 1/2 Shuffle, Back Rock, Left Shuffle</b>	
1,2	Step right forward. Pivot 1/2 turn left (6:00)	Step, pivot
3&	Turn 1/4 left stepping right to right side. Step left beside right	Half shuffle
4	Turn 1/4 left stepping right back (12:00)	
	<i>Non-turning steps 1-4: Forward Rock, Back Shuffle</i>	
1,2,3&4	<i>Rock forward on right. Recover on left. Step right back. Step left beside right. Step right back</i>	<i>Forward rock, back shuffle</i>
5,6	Rock back on left. Recover on right	Back rock
7&8*	Step left forward. Step right beside left. Step left forward	Left shuffle
<b>Section 3</b>	<b>1/4 Stomp, Hold, Modified Sailor 1/4, 1/4 Chasse Right, Back Rock</b>	
1,2	Stomp right to right side making 1/4 turn left (9:00). Hold	Stomp, hold
3&4	Turn 1/4 left crossing left behind right (6:00). Step right to right side. Step left forward	Sailor turn
5&6	Turn 1/4 left stepping right to right side (3:00). Step left beside right. Step right to right side	Turn chasse
	<i>Non-turning steps 1-6: Stomp, Hold, Sailor Step, 1/4 Chasse Right</i>	
1,2	<i>Stomp right forward. Hold</i>	<i>Stomp, hold</i>
3&4	<i>Cross left behind right. Step right to right side. Step left to left side</i>	<i>Sailor step</i>
5&6	<i>Turn 1/4 right stepping right to right side (3:00). Step left beside right. Step right to right side</i>	<i>Turn chasse</i>
7,8	Turn 1/8 left rocking back on left (1:30). Recover on right	Back rock
<b>Section 4</b>	<b>Kick-Ball Step x 2, Side Rock, Weave Right</b>	
1&2	Kick left forward. Step ball of left beside right. Step right forward	Kick-ball step
3&4	Kick left forward. Step ball of left beside right. Step right forward	Kick-ball step
5,6	Rock to side on left. Turn 1/8 right recovering on right (3:00)	Side rock
7&8	Cross left behind right. Step right to right side. Cross left over right	Behind, side, cross
<b>Section 5</b>	<b>Heel 1/2 Bounce, Coaster Step, Cross Rock, Side Point</b>	
1,2	Bounce heels making 1/4 turn right (6:00). Bounce heels making 1/4 turn right (9:00)	Bounce, bounce
3&4	Step right back. Step left beside right. Step right forward	Coaster step
5-7	Cross rock left over right. Recover on right. Step left to left side	Cross rock, side
8	Point right to right side angling body to 6:00	Point
<b>Section 6</b>	<b>3/4 Turn, 1/2 Shuffle, Forward Rock, Back, Drag</b>	
1,2	Step right 1/4 turn right (12:00). Turn 1/2 right stepping left back (6:00)	Turn, turn
3&4	Turn 1/4 right stepping right to right side. Step left beside right. Step right 1/4 turn right (12:00)	Half shuffle
	<i>Non-turning steps 1-4: 1/4 Turn, Step, Right Shuffle</i>	
1,2	<i>Step right 1/4 turn right (12:00). Step left forward</i>	<i>Turn, step</i>
3&4	<i>Step right forward. Step left beside right. Step right forward</i>	<i>Right shuffle</i>
5-8	Rock forward on left. Recover on right. Step left back. Drag right heel beside left	Forward rock, back, drag
<b>Section 7</b>	<b>Back Rock, 1/4 Chasse Right, Behind Unwind 3/4, 1/4 Side Rock</b>	
1,2	Rock back on right. Recover on left	Back rock
3&4	Turn 1/4 left stepping right to right side (9:00). Step left beside right. Step right to right side	Turn chasse
5,6	Cross left behind right. Unwind 3/4 turn left (12:00)	Behind, unwind
7,8	Turn 1/4 left rocking to side on right (9:00). Recover on left	Turn, rock
	<i>Non-turning steps 5-8: Behind, Hold, Side Rock</i>	
5-8	<i>Cross left behind right. Hold. Rock to side on right. Recover on left</i>	<i>Behind, hold, side rock</i>
<b>Section 8</b>	<b>Weave Left, 1/4 Turn, Jazz Box Step</b>	
1-4	Cross right over left. Step left to left side. Cross right behind left. Step left 1/4 turn left (6:00)	Cross, side, behind, turn
5-8	Cross right over left. Step left back. Step right to right side. Step left forward	Cross, back, side, step
<b>Restart</b>	<b>* Wall 4 (6:00) after 16 Counts (restart facing 6:00)</b>	