



Dance: **Back Track**
Type: 44 Count, 4 Wall, Beginner
Choreographer: Montana Western Dancers Of England
Choreographed to: Broken Speed Of The Sound Of Loneliness by Susan McCann (166 bpm, 3:11 min);
I Feel Lucky by Mary Chapin Carpenter

Intro: Start after count 32

Section 1 Back Touch x 4

1,2	Step right back on diagonal (4:30). Touch left beside right	Back, touch
3,4	Step left back on diagonal (7:30). Touch right beside left	Back, touch
5,6	Step right back on diagonal (4:30). Touch left beside right	Back, touch
7,8	Step left back on diagonal (7:30). Touch right beside left	Back, touch

Section 2 Heel Hook x 2, Vine Right Touch

1,2	Touch right heel forward (12:00). Hook right over left	Heel, hook
3,4	Touch right heel forward. Hook right over left	Heel, hook
5,6	Step right to right side. Cross left behind right	Side, behind
7,8	Step right to right side. Touch left beside right	Side, touch

Section 3 Heel Hook x 2, Vine Left Touch

1,2	Touch left heel forward. Hook left over right	Heel, hook
3,4	Touch left heel forward. Hook left over right	Heel, hook
5,6	Step left to left side. Cross right behind left	Side, behind
7,8	Step left to left side. Touch right beside left	Side, touch

Section 4 (Forward Rock, Rock, Chug) x 2

1,2	Rock forward on right. Recover on left	Forward rock
3,4	Rock forward on right. Scoot on right and hitch left	Rock, chug
5,6	Rock forward on left. Recover on right	Forward rock
7,8	Rock forward on left. Scoot on left and hitch right	Rock, chug

Section 5 Rocking Chair x 2

1,2	Rock forward on right. Recover on left	Rocking chair
3,4	Rock back on right. Recover cover on left	
5,6	Rock forward on right. Recover on left	Rocking chair
7,8	Rock back on right. Recover on left	

Section 6 Step Pivot 1/4, Stomp x 2

1,2	Step forward on right. Pivot 1/4 turn left (9:00)	Step, pivot
3,4	Stomp right beside left. Stomp right in place	Stomp, stomp
