



Dance: **Bad Habits**
 Type: 64 Count, 2 Wall, Intermediate
 Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE), July 2021
 Choreographed to: Bad Habits by Ed Sheeran (128 bpm, 3:50 min)

Intro: Start after count 16, on the vocals

Section 1	Step, 1/4 Hitch, Side Point, 3/4 Turn, Back Touch	
1,2	Step left forward. Hitch right making 1/4 turn left raising right hip (9:00)	Step, hitch
3,4	Step right to right side. Point left to left side, torque body and look to right	Side, point
5,6	Step left 1/4 turn left (6:00). Turn 1/2 left stepping right back (12:00)	Turn, turn
	<i>Non-turning steps 5-6: 1/4 Turn, Back</i>	
5,6	<i>Turn 1/4 right stepping left back (12:00). Step right back</i>	<i>Turn, back</i>
7,8	Step left back. Touch right in front of left, sit back on left and bend knees	Back, touch
Section 2	Step, 1/2 Turn, Back Touch, Step, 1/2 Turn, 1/2 Shuffle	
1,2	Step right forward. Turn 1/2 right stepping left back (6:00)	Step, turn
3,4	Step right back. Touch left in front of right	Back, touch
5,6	Step left forward. Turn 1/2 left stepping right back (12:00)	Step, turn
	<i>Non-turning steps 1-6 (option 1): Step x 3, Touch, Back x 2</i>	
1-3	<i>Step right forward. Step left forward. Step right forward</i>	<i>Step, step, step</i>
4-6	<i>Touch left behind right. Step left back. Step right back</i>	<i>Touch, back, back</i>
7&8	Turn 1/4 left stepping left to left side. Step right beside left. Step left 1/4 turn left (6:00)	Half shuffle
	<i>Non-turning steps 5-8 (option 2): Step x 2, Left Shuffle</i>	
5,6,7&8	<i>Step left forward. Step right forward. Step left forward. Step right beside left. Step left forward</i>	<i>Step, step, left shuffle</i>
Section 3	Step, Hold, Close, Forward Rock, Back x 2, Back Rock	
1,2&3,4	Step right forward. Hold. Step left beside right. Rock forward on right. Recover on left	Step, hold, &, forward rock
5,6	Step right back and bend left knee. Step left back and bend right knee	Back, back
7,8	Rock back on right and bend left knee. Recover on left	Back rock
Section 4	1/4 Turn, Hold, Close, Side, Hold, Close, Side Rock, Weave Left	
1,2&	Turn 1/4 left stepping right to right side (3:00). Hold. Step left beside right	Turn, hold, &
3,4&	Step right to right side. Hold. Step left beside right	Side, hold, &
	<i>Optional styling steps 1-4: Shoulder rolls</i>	
	<i>Drop right shoulder and raise left. Drop left shoulder and raise right</i>	
5,6	Rock to side on right. Recover on left	Side rock
7&8#* @	Cross right behind left. Step left to left side. Cross right over left	Behind, side, cross
Section 5	1/2 Rumba Box, Right Shuffle, Forward Rock, 1/2 Shuffle	
1-3	Step left to left side. Step right beside left. Step left forward	Side, close, step
4&5,6,7	Step right forward. Step left beside right. Step right forward. Rock forward on left. Recover on right	Right shuffle, forward rock
8&1	Turn 1/4 left stepping left to left side. Step right beside left. Step left 1/4 turn left (9:00)	Half shuffle
Section 6	Walk x 2, Anchor Step, Back, Anchor Step	
2,3,4&5	Walk forward stepping right, left. Lock right behind left. Step left in place. Step right back	Walk, walk, anchor step
6,7&8	Step left back. Lock right over left. Step left in place. Step right forward	Back, anchor step
Section 7	(Cross, Ronde Sweep) x 2, Cross, 1/4 Turn, Close, Cross, Side	
1-4	Cross left over right. Sweep right forward. Cross right over left. Sweep left forward	Cross, sweep, cross, sweep
5,6&	Cross left over right. Turn 1/4 left stepping right back (6:00). Step left beside right	Cross, turn, &
7,8	Cross right over left. Step left to left side	Cross, side
Section 8	(Back, Drag) x 2, Back Rock, Step, Step Lock	
1-4	Step right back. Drag left towards right. Step left back. Drag right towards left	Back, drag, back, drag
5,6	Rock back on right, sit on right and bend knees. Recover on left	Back rock
7,8&	Step right forward. Step left forward. Lock right behind left	Step, step, lock
Tag	# Wall 3 (12:00) after 32 Counts (facing 3:00)	
	Side Touch, 1/4 Turn, Touch	
1,2	Step left to left side. Touch right beside left	Side, touch
3,4	Turn 1/4 right stepping right to right side (6:00). Touch left beside right	Turn, touch
Restart	* Wall 3 after Tag	
Ending	@ Wall 8 (6:00) after 32 Counts (facing 9:00)	
	1/4 Hitch, Step	
1	Hitch and ronde sweep left making 1/4 turn right (12:00)	Hitch
2	Step left forward and point right arm and index finger forward on word "you"	Step