



Dance: **Bored**  
 Type: 32 Count, 4 Wall, Beginner  
 Choreographer: Ria Vos (NL), December 2016  
 Choreographed to: Bored To Death by Eric Hutchinson (113 bpm, 2:39 min)

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Intro: Start after count 16

**Section 1 Forward Rock, Close, Forward Rock, Back Shuffle, Back Rock**

1,2&	Rock forward on right. Recover on left. Step right beside left	Forward rock, &
3,4	Rock forward on left. Recover on right	Forward rock
5&6	Step left back. Step right beside left. Step left back	Back shuffle
7,8	Rock back on right. Recover on left	Back rock

**Section 2 Step, Pivot 1/4, Side, Kick-Ball Cross, Syncopated Vine Right Cross**

1,2	Step right forward. Pivot 1/4 turn left and touch left toe forward (9:00)	Step, turn
3	Step left to left side	Side
4&5	Kick right to right side. Step ball of right beside left. Cross left over right.	Kick-ball cross
6	Step right to right side	Side
7&8	Cross left behind right. Step right to right side. Cross left over right	Behind, side, cross

**Section 3 Side Rock, Cross Shuffle, Side Rock 1/4 Turn, Cross Shuffle**

1,2	Rock to side on right. Recover on left	Side rock
3&4	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
5,6	Rock to side on left. Turn 1/4 right recovering on right (12:00)	Rock, turn
7&8	Cross left over right. Step right to right side. Cross left over right	Cross shuffle

**Section 4 Side Rock, Close, Side Rock, Sailor 1/4, Walk x 2**

1,2&	Rock to side on right. Recover on left. Step right beside left	Side rock, &
3,4	Rock to side on left. Recover on right	Side rock
5&	Turn 1/4 left crossing left behind right (9:00). Step right to right side	Sailor turn
6	Step left to left side	
7,8	Walk forward stepping right, left	Walk, walk

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