



Dance: **The Captain**
 Type: 32 Count, 2 Wall, Improver
 Choreographer: Joshua Talbot (AUS), February 2021
 Choreographed to: Wellerman (Sea Shanty / 220 KID x Billen Ted Remix) by
 Nathan Evans, 220 KID & Billen Ted (121 bpm, 1:55 min)

Intro: Start after count 32, after start of the vocals

Section 1	Side, Close, Right Shuffle, Forward Rock, 1/4 Chasse Left	
1,2	Step right to right side. Step left beside right	Side, close
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Turn 1/4 left stepping left to left side (9:00). Step right beside left. Step left to left side	Turn chasse
Section 2	Cross, Side, Sailor Step, Cross, 1/4 Turn, 1/2 Shuffle	
1,2	Cross right over left. Step left to left side	Cross, side
3&4	Cross right behind left. Step left to left side. Step right to right side	Sailor step
5,6	Cross left over right. Turn 1/4 left stepping right back (6:00)	Cross, turn
7&8	Turn 1/4 left stepping left to left side. Step right beside left. Step left 1/4 turn left (12:00)	Half shuffle
	<i>Non-turning steps 5-8: Cross, 1/4 Turn, Left Shuffle</i>	
5,6	<i>Cross left over right. Step right 1/4 turn right (12:00)</i>	<i>Cross, turn</i>
7&8	<i>Step left forward. Step right beside left. Step left forward</i>	<i>Left shuffle</i>
Section 3	Heel Jack, Toe Switch x 2, Side Rock, Cross Shuffle	
&1,2&	Jump right back. Touch left heel forward. Hold. Step left beside right	&, heel, hold, &
3&	Touch right beside left. Step right beside left	Touch, &
4&	Touch left beside right. Step left beside right	Touch, &
5,6	Rock to side on right. Recover on left	Side rock
7&8	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
Section 4	Modified Hinge 1/2 Turn, Left Shuffle, Extended Step Lock Step, Step	
1,2	Turn 1/4 right stepping left back (3:00). Step right 1/4 turn right (6:00)	Turn, turn
3&4	Step left forward. Step right beside left. Step left forward	Left shuffle
5&6	On diagonal (7:30) - Step right forward. Lock left behind right. Step right forward	Step, lock, step
&7,8	On diagonal (10:30) - Step left forward. Lock right behind left. Step left forward (6:00)	Step, lock, step