



Dance: **Cowgirl Twist**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Bill Bader (CAN), September 1994
Choreographed to: What The Cowgirls Do by Vince Gill (154 bpm, 2:48 min);
Do You Love Me by The Contours; The Twist by Ronnie McDowell;
The Twist by Chubby Checker; Cowgirl Twist by Dave Sheriff;
Walk On Faith by Mike Reid, That's What I Like by Jive Bunny

Intro: Start after count 32

Section 1	Heel Strut x 4	
1,2	Step right heel forward. Lower right toe	Heel strut
3,4	Step left heel forward. Lower left toe	Heel strut
5,6	Step right heel forward. Lower right toe	Heel strut
7,8	Step left heel forward. Lower left toe	Heel strut
Section 2	Walk Back x 3, Close, Twist x 3, Hold	
1-4	Walk back stepping right, left, right. Step left beside right	Back, back, back, close
5,6	Twist heels left. Twist toes left	Twist, twist
7,8	Twist heels left. Hold and clap	Twist, hold
Section 3	Twist 3 x, Hold, (Twist, Hold) x 2	
1,2	Twist heels right. Twist toes right	Twist, twist
3,4	Twist heels right. Hold and clap	Twist, hold
5,6	Twist heels left. Hold and clap	Twist, hold
7,8	Twist heels right. Hold and clap	Twist, hold
Section 4	Twist x 3, Hold, Step, Hold, Pivot 1/4, Hold	
1,2	Twist heels left. Twist heels right	Twist, twist
3,4	Twist heels to centre. Hold and clap	Twist, hold
5,6	Step right forward. Hold	Step, hold
7,8	Pivot 1/4 turn left (9:00). Hold	Pivot, hold
