



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Double Ding Dong**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Michael Lynn (UK), March 2021
Choreographed to: Rena Rama Ding Dong by Eva Rydberg & Ewa Roos (150 bpm, 2:56 min)

Intro: Start after count 16

Section 1 Cross Point x 2, Jazz Box 1/4 Cross

1,2	Cross right over left. Point left to left side	Cross, point
3,4	Cross left over right. Point right to right side	Cross, point
5,6	Cross right over left. Step left back	Cross, back
7,8	Step right 1/4 turn right (3:00). Cross left over right	Turn, cross

Section 2 Side, Close, Twist x 2, Vine Left Touch

1,2	Step right to right side. Step left beside right	Side, close
3,4	Twist heels right. Twist heels to centre	Twist, twist
5,6	Step left to left side. Cross right behind left	Side, behind
7,8	Step left to left side. Touch right beside left	Side, touch
	<i>Optional turning steps 5-8: Rolling Vine Left Touch</i>	
5,6	<i>Step left 1/4 turn left. Turn 1/2 left stepping right back</i>	<i>Turn, turn</i>
7,8	<i>Turn 1/4 left stepping left to left side. Touch right beside left</i>	<i>Turn, touch</i>

Section 3 Rocking Chair, Step Pivot 1/4 x 2

1-4	Rock forward on right. Recover on left. Rock back on right. Recover on left	Rocking chair
5,6	Step right forward. Pivot 1/4 turn left (12:00)	Step, pivot
7,8	Step right forward. Pivot 1/4 turn left (9:00)	Step, pivot

Section 4 Rocking Chair, Side x 2, Hip Bump x 2

1-4	Rock forward on right. Recover on left. Rock back on right. Recover on left	Rocking chair
5,6	Step right to right side. Step left to left side	Side, side
7,8	Bump hips right. Bump hips left	Bump right left
