



Dance: **Heart Body & Soul**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Yvonne Anderson (Scot), Ira Weisburg (USA) & Ruben Luna (USA), October 2019
Choreographed to: Far To Go by Ronnie Beard (126 bpm, 3:47)

Intro: Start after count 16, on the vocals

Section 1 Cross Rock, Chasse Left, Cross Rock, Chasse Right

1,2	Cross rock left over right. Recover on right	Cross rock
3&4	Step left to left side. Step right beside left. Step left to left side	Left chasse
5,6	Cross rock right over left. Recover on left	Cross rock
7&8	Step right to right side. Step left beside right. Step right to right side	Right chasse

Section 2 Weave Right, Sweep, Behind, 1/4 Turn, Step Lock Step

1,2	Cross left over right. Step right to right side	Cross, side
3,4	Cross left behind right. Sweep right back	Behind, sweep
5,6	Cross right behind left. Step left 1/4 turn left (9:00)	Behind, turn
7&8	Step right forward. Lock left behind right. Step right forward	Step, lock, step

Section 3 Rocking Chair, Step Pivot 1/4 x 2

1-4	Rock forward on left. Recover on right. Rock back on left. Recover on right	Rocking chair
5,6	Step left forward. Pivot 1/4 turn right (12:00)	Step, pivot
7,8	Step left forward. Pivot 1/4 turn right (3:00)	Step, pivot

Section 4 Cross Point x 2, Cross, Back, Side Rock

1,2	Cross left over right. Point right to right side	Cross, point
3,4	Cross right over left. Point left to left side	Cross, point
5,6	Cross left over right. Step right back	Cross, back
7,8	Rock to side on left. Recover on right	Side rock
