



Dance: **I Believe In Woman**
 Type: 32 Count, 2 Wall, Intermediate
 Choreographer: Dirk Leibing (DE), April 2021
 Choreographed to: My Oh My by Slade (70 bpm, 4:10 min)

Intro: Start after count 16

Section 1	Prissy Walk x 2, Vine Right, Cross Rock, Slide, Back x 2, Nightclub	
1,2	Step right forward across left. Step left forward across right	Walk, walk
&3&	Step right to right side. Cross left behind right. Step right to right side	Side, behind, side
4&	Cross rock left over right. Recover on right	Cross rock
5,6&	Slide left large step to left side. Turn 1/8 right stepping right back (1:30). Step left back	Slide, back, back
7	Turn 1/8 right stepping right large step to right side (3:00)	Side
8&	Cross rock left behind right. Recover on right	Back rock
Section 2	3/4 Spiral, Run x 2, Rocking Chair, 1/2 Turn, Weave Right, Cross, Side	
1	Step left to left side and turn 3/4 right draping right foot over left (12:00)	Spiral
	<i>Non-turning step 1: 1/4 Turn</i>	
1	<i>Step left 1/4 turn left (12:00)</i>	Turn
2&	Run forward stepping right, left	Run, run,
3&4&	Rock forward on right. Recover on left. Rock back on right. Recover on left	Rocking chair
5	Turn 1/2 left stepping right back and sweep left (6:00)	Turn
	<i>Non-turning steps 1-5: 1/4 Turn, Run Back x 2, Reverse Rocking Chair, Back</i>	
1,2&	<i>Turn 1/4 right stepping left back (6:00). Run back stepping right, left</i>	Turn, run, run
3&4&	<i>Rock back on right. Recover on left. Rock forward on right. Recover on left</i>	Back rock, forward rock
5	<i>Step right back and sweep left</i>	Back
6&7	Cross left behind right. Step right to right side. Cross left over right and sweep right.	Behind, side, cross
8&	Cross right over left. Step left to left side	Cross, side
Section 3	Back Rock, 1/2 Turn, Back Rock, Step, Nightclub x 2	
1,2	Turn 1/8 right rocking back on right (7:30). Recover on left	Back rock
&	Turn 1/2 left stepping right back (1:30)	Turn
3,4&	Rock back on left. Recover on right. Step left forward	Back rock, step
5	Turn 1/8 left stepping right large step to right side (12:00)	Side
6&	Cross rock left behind right. Recover on right	Back rock
7,8&	Step left large step to left side. Cross rock right behind left. Recover on left	Side, back rock
Section 4	1/4 Turn, Chase 1/2 Turn, Full Turn, 1/4 Nightclub, Syncopated Vine Left	
1	Step right 1/4 turn right (3:00)	Turn
2&3	Step left forward. Pivot 1/2 turn right (9:00). Step left forward	Step, pivot, step
	<i>Non-turning steps 1-3: 1/4 Turn, Back Rock, Step</i>	
1	<i>Turn 1/4 left stepping right back (9:00)</i>	Turn
2&3	<i>Rock back on left. Recover on right. Step left forward</i>	Back rock, step
4&	Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward	Full turn
	<i>Non-turning steps 4&: Walk x 2</i>	
4&	<i>Walk forward stepping right, left</i>	Back, back
5	Turn 1/4 left stepping right large step to right side (6:00)	Turn
6&	Cross rock left behind right. Recover on right	Back rock
7,8&	Step left to left side. Cross right behind left. Step left to left side	Side, behind, side

Note: During wall 7 after 8& Counts the music goes 'quiet' - continue dancing at the same speed and the music comes back after 13 Counts but will kick back in on Count 17 as you rock back on the right.