



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **If You Believe**
Type: 32 Count, 2 Wall, Easy Intermediate
Choreographer: Gary O'Reilly (IRE), April 2023
Choreographed to: If You Believe by Strive To Be & Patch Crowe (100 bpm, 2:31 min)

Intro: Start after count 20, on the word "Defeated"

Section 1 Walk x 2, Rocking Chair, Step Touch, Back Lock Step

1,2	Walk forward stepping right, left	Walk, walk
3&4&	Rock forward on right. Recover on left. Rock back on right. Recover on left	Rocking chair
5,6	Step right forward. Touch left beside right	Step, touch
7&8	Step left back. Lock right over left. Step left back	Back, lock, back

Section 2 1/2 Shuffle, Chase 1/2 Turn, Dorothy Step x 2

1&2	Turn 1/4 right stepping right to right side. Step left beside right. Step right 1/4 turn right (6:00)	Half shuffle
3&4	Step left forward. Pivot 1/2 turn right (12:00). Step left forward	Step, pivot, step
<i>Non-turning steps 1-4: Back Shuffle, Back Rock, Step</i>		
1&2	<i>Step right back. Step left beside right. Step right back</i>	<i>Back shuffle</i>
3&4	<i>Rock back on left. Recover on right. Step left forward</i>	<i>Back rock, step</i>
5,6&	Step right forward. Lock left behind right. Step right beside left	Dorothy step
7,8&	Step left forward. Lock right behind left. Step left beside right	Dorothy step

Section 3 Side Rock, Close, Side, Heel Toe Twist x 2, Cross Back Rock, Side, Sailor 1/4 Heel

1,2&	Rock to side on right. Recover on left. Step right beside left	Side rock, &
3&4	Step left to left side turning left toe to left. Twist heels left. Twist toes to centre	Side, twist, twist
5&6	Cross rock right behind left. Recover on left. Step right to right side	Back rock, side
7&	Turn 1/4 left crossing left behind right (9:00). Step right to right side	Sailor
8	Touch left heel forward on diagonal (7:30)	Heel

Section 4 Step, Syncopated Jazz Box Cross, Side, Close, Side Rock, Behind, 1/4 Turn, Touch

&1	Step left in place. Cross right over left	Step, cross
2&3	Step left back. Step right to right side. Cross left over right	Back, side, cross
4&5,6	Step right to right side. Step left beside right. Rock to side on right. Recover on left	Side, close, side rock
7&8	Cross right behind left. Step left 1/4 turn left (6:00). Touch right beside left	Behind, turn, touch

Tag 1 End of Wall 2 (6:00 - add Tag facing 12:00)

Walk x 2, Mambo Step, Walk Back x 2, Coaster Step

1,2	Walk forward stepping right, left	Walk, walk
3&4	Rock forward on right. Recover on left. Step right beside left	Mambo step
5,6	Walk back stepping left, right	Back, back
7&8	Step left back. Step right beside left. Step left forward	Coaster step

Tag 2 End of Wall 5 (12:00 - add Tag facing 6:00)

3 Step V-Step, Coaster Heel, Hold x 2, Close

1,2	Step right forward on diagonal (7:30). Step left forward on diagonal (4:30)	Step out, out
3	Step right back on diagonal (1:30)	In
4&5	Step left back. Step right beside left. Touch left heel forward	Coaster heel
6,7&	Hold. Hold. Step left beside right	Hold, hold, &
{Dance restarts as artist sings Be(&)lieve(1)}		
