



Dance: **Knock Off**  
Type: 52 Count, 2 Wall, Intermediate  
Choreographer: Guylaine Bourdages (CAN), Chrystel Durand (FR), Julie Lépine (CAN), Stéphane Cormier (CAN), Nicolas Lachance (CAN) & Niels Poulsen (DK), July 2022  
Choreographed to: Knock Off by Jess Moskaluke (125 bpm, 3:03 min)

---

Intro: Start after count 24

<b>Section 1</b>	<b>Side Rock Switch, Weave Right, Side Rock 1/4 Turn</b>	
1,2&3,4	Rock to side on right. Recover on left. Step right beside left. Rock to side on left. Recover on right	Side rock, &, side rock
5&6	Cross left behind right. Step right to right side. Cross left over right	Behind, side, cross
7,8	Rock to side on right. Turn 1/4 left recovering on left (9:00)	Rock, turn
<b>Section 2</b>	<b>Right Shuffle, 1/4 Touch, 1/4 Scoot, Back, Back Rock, Kick-Ball Change</b>	
1&2	Step right forward. Step left beside right. Step right forward	Right shuffle
3	Turn 1/4 right touching left beside right (12:00)	Touch
&4	Turn 1/4 right scooting right back and lifting left (3:00). Step left back	Scoot, back
	<i>Alternative steps 3&amp;4: 1/2 Shuffle</i>	
3&4	Turn 1/4 right stepping left to left side. Step right beside left. Turn 1/4 right stepping left back (3:00)	Half shuffle
5,6	Rock back on right. Recover on left	Back rock
7&8*#	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
<b>Section 3</b>	<b>(Heel Switch x 2, Stomp, Hold) x 2</b>	
1&	Touch right heel forward. Step right beside left	Heel, &
2&3,4	Touch left heel forward. Step left beside right. Stomp right forward. Hold	Heel, &, stomp, hold
5&	Touch left heel forward. Step left beside right	Heel, &
6&7,8	Touch right heel forward. Step right beside left. Stomp left forward. Hold	Heel, &, stomp, hold
<b>Section 4</b>	<b>Right Shuffle, Step Pivot 1/2, 1/4 Chasse Left, Back Rock</b>	
1&2 @	Step right forward. Step left beside right. Step right forward	Right shuffle
3,4	Step left forward. Pivot 1/2 turn right (9:00)	Step, pivot
5&6	Turn 1/4 right stepping left to left side (12:00). Step right beside left. Step left to left side	Turn chasse
	<i>Non-turning steps 3-6: Forward Rock, 1/4 Chasse Left</i>	
3,4	Rock forward on left. Recover on right	Forward rock
5&6	Turn 1/4 left stepping left to left side (12:00). Step right beside left. Step left to left side	Turn chasse
7,8**	Rock back on right. Recover on left	Back rock
<b>Section 5</b>	<b>Kick, Step, Tap, Back, Kick, Back, Heel, Step, Tap, Back, Heel, Step, Kick-Ball Step</b>	
1&2&	Kick right forward. Step right forward. Tap left behind right. Step left back	Kick, &, tap, &
3&4&	Kick right forward. Step right back. Touch left heel forward. Step left forward	Kick, &, heel, &
5&6&	Tap right behind left. Step right back. Touch left heel forward. Step left forward	Tap, &, Heel, &
7&8	Kick right forward. Step ball of right beside left. Step left forward	Kick-ball step
<b>Section 6</b>	<b>Forward Rock, Full Triple Turn, Forward Rock, 1/2 Shuffle</b>	
1,2	Rock forward on right. Recover on left	Forward rock
3&	Turn 1/2 right stepping right forward. Step left beside right	Full triple turn
4	Turn 1/2 right stepping right small step forward	
	<i>Non-turning steps 3&amp;4: Coaster Step</i>	
3&4	Step right back. Step left beside right. Step right forward	Coaster step
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Turn 1/4 left stepping left to left side. Step right beside left. Step left 1/4 turn left (6:00)	Half shuffle
<b>Section 7</b>	<b>Side x 2, Heel Bounce x 2</b>	
1,2	Step right small step to right side. Step left small step to left side	Side, side
&3&4	Lift heels. Lower heels. Lift heels. Lower heels	Bounce, bounce
<b>Restart</b>	<b>* Wall 3 (12:00) after 16 Counts (facing 3:00)</b> <b>** Wall 4 (12:00) after 32 Counts (facing 12:00)</b>	
<b>Step Change</b>	<b># Wall 3 after Restart</b> <b>1/4 Side Rock</b>	
1,2	Turn 1/4 left rocking to side on right (12:00). Recover on left	Turn, rock
<b>Ending</b>	<b>@ Wall 8 (6:00) after 26 Counts (facing 9:00)</b> <b>Step Pivot 1/4, Cross</b>	
3-5	Step left forward. Pivot 1/4 turn right (12:00). Cross left over right	Step, pivot, cross

---