



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Make A Start**

Type: 32 Count, 4 Wall, Absolute Beginner

Choreographer: Robbie McGowan Hickie (UK), March 2013

Choreographed to: Knock Yourself Out by Lee Roy Parnell (140 bpm, 3:06 min);
I Ain't Never by Pam Tillis; Take These Chains From My Heart by Lee Roy Parnell

Intro: Start after count 24, on the word "You"

Section 1 (Step, Scuff) x 2, Forward Rock, Walk Back x 2

| | | |
|-----|--|--------------|
| 1,2 | Step right forward. Scuff left | Step, scuff |
| 3,4 | Step left forward. Scuff right | Step, scuff |
| 5,6 | Rock forward on right. Recover on left | Forward rock |
| 7,8 | Walk back stepping right, left | Back, back |

Section 2 Back Rock, Point x 2, Hip Bump x 4

| | | |
|-----|--|------------------|
| 1,2 | Rock back on right. Recover on left | Back rock |
| 3,4 | Point right to right side. Touch right beside left | Point out, in |
| 5,6 | Step right to right side and bump hips right. Bump hips left | Bump right, left |
| 7,8 | Bump hips right. Bump hips left | Right, left |

Section 3 Vine Right Touch, Modified Heel Switch x 2

| | | |
|-----|--|--------------|
| 1,2 | Step right to right side. Cross left behind right | Side, behind |
| 3,4 | Step right to right side. Touch left beside right | Side, touch |
| 5,6 | Touch left heel forward on diagonal (10:30). Touch left beside right | Heel, touch |
| 7,8 | Touch left heel forward on diagonal (10:30). Touch left beside right | Heel, touch |

Section 4 Vine 1/4 Left Scuff, Rocking Chair

| | | |
|-----|---|---------------|
| 1,2 | Step left to left side. Cross right behind left | Side, behind |
| 3,4 | Step left 1/4 turn left (9:00). Scuff right | Turn, scuff |
| 5-8 | Rock forward on right. Recover on left. Rock back on right. Recover on left | Rocking chair |
