



# Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Mama & Me**  
 Type: 32 Count, 2 Wall, Improver  
 Choreographer: Gary O'Reilly (IRE), August 2022  
 Choreographed to: Mamas by Anne Wilson & Hillary Scott (81 bpm, 3:22 min)

Intro: Start after count 16

<b>Section 1</b>	<b>Step Touch, Back, Kick, Weave Left, Mambo Cross, Hinge 1/2 Turn, Cross</b>	
1&	Facing diagonal (1:30): Step right forward. Touch left beside right	Step, touch
2&	Step left back. Kick right forward	Back, kick
3&4	Cross right behind left (12:00). Step left to left side. Cross right over left	Behind, side, cross
5&6	Rock to side on left. Recover on right. Cross left over right	Mambo cross
7&	Turn 1/4 left stepping right back (9:00). Turn 1/4 left stepping left to left side (6:00)	Turn, turn
8	Cross right over left	Cross
<b>Section 2</b>	<b>Step Touch, Back, Kick, Weave Right, 1/2 Back Rumba Box, Left Shuffle</b>	
1&	Facing diagonal (4:30): Step left forward. Touch right beside left	Step, touch
2&	Step right back. Kick left forward	Back, kick
3&4	Cross left behind right (6:00). Step right to right side. Cross left over right	Behind, side, cross
5&6	Step right to right side. Step left beside right. Step right back	Side, close, back
7&8	Facing diagonal (4:30): Step left forward. Step right beside left. Step left forward	Left shuffle
<b>Section 3</b>	<b>Cross Rock, Side Rock, Sailor 1/4, Cross Rock, Side Rock, Modified Sailor 1/4</b>	
1&2&	Cross rock right over left. Recover on left. Rock to side on right (6:00). Recover on left	Cross rock, side rock
3&4	Turn 1/4 right crossing right behind left (9:00). Step left to left side. Step right to right side	Sailor turn
5&6&	Cross rock left over right. Recover on right. Rock to side on left. Recover on right	Cross rock, side, rock
7&8	Turn 1/4 left crossing left behind right (6:00). Step right to right side. Step left forward	Sailor turn
<b>Section 4</b>	<b>Mambo 1/2, 1/2 Back Lock Step, Coaster Step, Left Shuffle</b>	
1&2	Rock forward on right. Recover on left. Turn 1/2 right stepping right forward (12:00)	Mambo half
3&	Turn 1/4 right stepping left to left side (3:00). Lock right over left	Turn, lock
4	Turn 1/4 right stepping left back (6:00)	Turn
	<i>Non-turning steps 1-4: Forward Rock, Back, Back Lock Step</i>	
1&2	<i>Rock forward on right. Recover on left. Step right back</i>	<i>Forward rock, back</i>
3&4	<i>Step right back. Lock left over right. Step right back</i>	<i>Back, lock, back</i>
5&6	Step right back. Step left beside right. Step right forward	Coaster step
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle
<b>Tag 1</b>	<b>End of Wall 1 (12:00 - add Tag facing 6:00)</b>	
	<b>Step, Close</b>	
1,2	Step right forward. Step left beside right	Step, close
<b>Tag 2</b>	<b>End of Wall 2 (6:00 - add Tag facing 12:00)</b>	
	<b>End of Wall 5 (12:00 - add Tag facing 6:00)</b>	
	<b>Jazz Box Step x 2</b>	
1-4	Cross right over left. Step left back. Step right to right side. Step left small step forward	Cross, back, side, step
5-8	Cross right over left. Step left back. Step right to right side. Step left small step forward	Cross, back, side, step
<b>Tag 3</b>	<b>End of Walls 4 &amp; 6 (6:00 - add Tag facing 12:00)</b>	
	<b>Jazz Box Step</b>	
1-4	Cross right over left. Step left back. Step right to right side. Step left small step forward	Cross, back, side, step
<b>Ending</b>	<b>@ Wall 7 (12:00) after 18 Counts (facing 6:00)</b>	
	<b>Sailor 1/2</b>	
3&4	Turn 1/2 right crossing right behind left (12:00). Step left to left side. Step right to right side	Sailor half