



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Me Oh My**
Type: 32 Count, 4 Wall, Improver
Choreographer: Lee Hamilton (SCO), June 2023
Choreographed to: Me Oh My (GBX & Sparkos Cfk Remix) by Johnny Mac And The Faithful ft Rod Stewart (127 bpm, 3:23 min)

Intro: Start after count 32

Section 1	Right Shuffle, Side Rock, Left Shuffle, Side Rock	
1&2	Step right forward. Step left beside right. Step right forward	Right shuffle
3,4	Rock to side on left. Recover on right	Side rock
5&6	Step left forward. Step right beside left. Step left forward	Left shuffle
7,8	Rock to side on right. Recover on left	Side rock
Section 2	Cross, Back, Chasse Right, Cross, Back, Chasse Left	
1,2	Cross right over left. Step left back	Cross, back
3&	Turn 1/8 right stepping right to right side (1:30). Step left beside right	Right chasse
4	Step right to right side	
5,6	Cross left over right. Turn 1/8 left stepping right back (12:00)	Cross, back
7&8	Step left to left side. Step right beside left. Step left to left side	Left chasse
Section 3	Cross, Side, Sailor Step, Cross, Side, Sailor 1/4	
1,2	Cross right over left. Step left to left side	Cross, side
3&4	Cross right behind left. Step left to left side. Step right to right side	Sailor step
5,6	Cross left over right. Step right to right side	Cross, side
7&8	Turn 1/4 left crossing left behind right (9:00). Step right to right side. Step left to left side	Sailor turn
Section 4	Modified Heel Switch x 6, Step, Brush	
1&	Touch right heel forward. Step right beside left	Heel, &
2&	Touch left heel forward. Step left beside right	Heel, &
3,4&	Touch right heel forward. Touch right heel forward. Step right beside left	Heel, heel, &
5&	Touch left heel forward. Step left beside right	Heel, &
6&	Touch right heel forward. Step right beside left	Heel, &
7,8	Step left forward. Brush right	Step, brush
Tag	End of Wall 6 (9:00- add Tag facing 6:00)	
	Stomp x 2	
1,2	Stomp right forward. Stomp left beside right	Stomp, stomp
