



Dance: **Mirror Of My Soul**  
Type: 32 Count, 4 Wall, Beginner  
Choreographer: Lee Hamilton (SCO), January 2022  
Choreographed to: Healing When I Ride by Amanda Kate (98 bpm, 4:35 min)

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Intro: Start after count 32

<b>Section 1</b>	<b>Skate x 2, Right Shuffle, Jazz Box Cross</b>	
1,2	Slide right forward on diagonal (1:30). Slide left forward on diagonal (10:30)	Skate, skate
3&4	Step right forward (12:00). Step left beside right. Step right forward	Right shuffle
5-8	Cross left over right. Step right back. Step left to left side. Cross right over left	Cross, back, side, cross
<b>Section 2</b>	<b>Side Rock, Cross Shuffle, Point, Flick, Cross Shuffle</b>	
1,2	Rock to side on left. Recover on right	Side rock
3&4	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
5,6	Point right to right side. Flick right back	Point, flick
7&8	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
<b>Section 3</b>	<b>Modified Back Rumba Box</b>	
1,2	Step left to left side. Step right beside left.	Side, close
3&4	Step left back. Step right beside left. Step left back	Back shuffle
5,6	Step right to right side. Step left beside right	Side, close
7&8	Step right forward. Step left beside right. Step right forward	Right shuffle
<b>Section 4</b>	<b>Forward Rock, Back Shuffle, Back Rock, Step Pivot 1/4</b>	
1,2	Rock forward on left. Recover on right	Forward rock
3&4	Step left back. Step right beside left. Step left back	Back shuffle
5,6	Rock back on right. Recover on left	Back rock
7,8	Step right forward. Pivot 1/4 turn left (9:00)	Step, pivot

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