



Dance: **My Angel And Me**
 Type: 64 Count, 4 Wall, Intermediate
 Choreographer: Karl-Harry Winson (UK) January 2019
 Choreographed to: Hello My Love by Westlife (124 bpm, 3:33 min)

Intro: Start after count 32 of heavy beat

Section 1	Step Touch, Close, Heel Touch, Step x 2, Forward Rock, Full Triple Turn	
1,2&	Step right forward. Touch left beside right. Step left beside right	Step, touch, &
3&4	Touch right heel forward. Step right forward. Step left forward	Heel, &, step
5,6,7&8	Rock forward on right. Recover on left. Make full turn right stepping right, left, right in place	Forward rock, full triple turn
	<i>Non-turning steps 7-8: Coaster Step</i>	
7&8	<i>Step right back. Step left beside right. Step right forward</i>	<i>Coaster step</i>
Section 2	Forward Rock, Back Shuffle, Back, Drag, Close, Walk x 2	
1,2,3&4	Rock forward on left. Recover on right. Step left back. Step right beside left. Step left back	Forward rock, back shuffle
5,6&	Step right large step back. Drag left beside right. Step left beside right	Back, drag, &
7,8	Walk forward stepping right, left	Walk, walk
Section 3	Step Pivot 1/4, Cross, Side, Sailor Heel, Close, Touch, Side, Heel Touch	
1-4	Step right forward. Pivot 1/4 turn left (9:00). Cross right over left. Step left to left side	Step, pivot, cross, side
5&6	Cross right behind left. Step left to left side. Touch right heel forward on diagonal (10:30)	Sailor heel
&7	Step right beside left. Touch left beside right	&, touch
&8	Step left to left side. Touch right heel forward on diagonal (10:30)	&, heel
Section 4	Close, Cross Rock, Chasse 1/4 Left, Step Pivot 1/2, Full Turn	
&1,2	Step right beside left. Cross rock left over right. Recover on right	&, cross rock
3&4	Step left to left side. Step right beside left. Step left 1/4 turn left (6:00)	Left chasse turn
5,6	Step right forward. Pivot 1/2 turn left (12:00)	Step, pivot
7,8#*	Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward	Full turn
	<i>Non-turning steps 3-8: Chasse Left, Back Rock 1/4 Turn, Walk x 2</i>	
3&4	<i>Step left to left side. Step right beside left. Step left to left side</i>	<i>Left chasse</i>
5,6	<i>Rock back on right. Turn 1/4 right recovering on left (12:00)</i>	<i>Rock, turn</i>
7,8#*	<i>Walk forward stepping right, left</i>	<i>Walk, walk</i>
Section 5	Dorothy Step x 2, Forward Rock, Coaster Cross	
1,2&	Step right forward. Lock left behind right. Step right beside left	Dorothy step
3,4&	Step left forward. Lock right behind left. Step left beside right	Dorothy step
5,6,7&8	Rock forward on right. Recover on left. Step right back. Step left beside right. Cross right over left	Forward rock, coaster cross
Section 6	Side Rock 1/4 Turn, Full Turn, Step, Hitch, Coaster Step	
1,2	Rock to side on left. Turn 1/4 right recovering on right (3:00)	Rock turn
3,4	Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward	Full turn
	<i>Non-turning steps 3-4: Walk x 2</i>	
3,4	<i>Walk forward stepping left, right</i>	<i>Walk, walk</i>
5,6,7&8	Step left forward. Hitch right. Step right back. Step left beside right. Step right forward	Step, hitch, coaster step
Section 7	Forward Rock, 1/2 Shuffle, 1/4 Turn, Drag, Close, Cross, Side	
1,2	Rock forward on left. Recover on right	Forward rock
3&4	Turn 1/4 left stepping left to left side. Step right beside left. Step left 1/4 turn left (9:00)	Half shuffle
5,6	Turn 1/4 left stepping right large step to right (6:00). Drag left beside right	Turn, drag
&7,8	Step left beside right. Cross right over left. Step left to left side	&, cross, side
Section 8	Sailor Step x 2, Jazz Box 1/4 Step	
1&2	Cross right behind left. Step left to left side. Step right to right side	Sailor step
3&4 @	Cross left behind right. Step right to right side. Step left to left side	Sailor step
5-8	Cross right over left. Step left back. Step right 1/4 turn right (9:00). Step left forward	Cross, back, turn, step
Tag	# Wall 6 (12:00) after 32 Counts (facing 12:00)	
	Rocking Chair	
1-4	Rock forward on right. Recover on left. Rock back on right. Recover on left	Rocking chair
Restart	* Wall 4 (3:00) after 32 Counts (restart facing 3:00)	
	* Wall 6 after Tag	
Ending	@ Wall 7 (12:00) after 60 Counts (facing 6:00)	
	Jazz Box 1/2	
5-8	Cross right over left. Step left back. Step right 1/2 turn right (12:00). Step left beside right	Cross, back, turn, close