



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **My Country Soul**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Kate Sala (UK), January 2019
Choreographed to: Rock & Roll To My Country Soul by Jenny Tolman (97 bpm, 3:08 min)

Intro: Start after count 8

Section 1 Walk x 3, Kick, Walk Back x 2, 1/2 Cha Cha Cha

1-3	Walk forward stepping right, left, right (1:30).	Walk, walk, walk
4	Kick left forward	Kick
5,6	Walk back stepping left, right	Back, back
7&8	Turn 1/2 left stepping left, right, left in place (7:30)	Half, cha, cha

Section 2 Walk x 3, Kick, Walk Back x 2, 1/8 Cha Cha Cha

1,2	Walk forward stepping right, left, right	Walk, walk, walk
3,4	Kick left forward	Kick
5,6	Walk back stepping left, right	Back, back
7&8	Turn 1/8 right stepping left, right, left in place (9:00)	Cha, cha, cha

Section 3 Jazz Box, Side Touch x 2

1,2	Cross right over left. Step left back	Cross, back
3,4	Step right to right side. Step left beside right	Side, close
5,6	Step right to right side. Touch left beside right	Side, touch
7,8	Step left to left side. Touch right beside left	Side, touch

Section 4 Heel Toe Switch x 2, Heel Touch, Back, Close, Kick-Ball Change

1&	Touch right heel forward. Step right beside left	Heel, &
2&	Touch left beside right. Step left beside right	Toe, &
3,4	Touch right heel forward. Touch right heel forward	Heel, heel
5,6	Step right large step back. Step left beside right	Back, close
7&8	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
