



Dance: **My Mother My Teacher My Friend**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Ira Weisburd (USA), March 2018
Choreographed to: My Mother, My Teacher, My Friend by Owen Mac (119 bpm, 3:34 min)

Intro: Start after count 16, on the vocals

Section 1 Mambo Cross, Hold, Side, 1/4 Turn, Step, Hold

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|-----|--|-------------------|
| 1-4 | Rock to side on right. Recover on left. Cross right over left. Hold | Mambo cross, hold |
| 5,6 | Step left to left side. Turn 1/4 right stepping right to right side (3:00) | Side, turn |
| 7,8 | Step left forward. Hold | Step, hold |

Section 2 Step Lock Step, Hold, Jazz Box Cross

| | | |
|-----|---|--------------------------|
| 1-4 | Step right forward. Lock left behind right. Step right forward. Hold | Step, lock, step, hold |
| 5-8 | Cross left over right. Step right back. Step left to left side. Cross right over left | Cross, back, side, cross |

Section 3 Side, Hold, Back Rock, Side, Hold, Behind, 1/4 Turn

| | | |
|-----|---|--------------|
| 1,2 | Step left to left side. Hold | Side, hold |
| 3,4 | Rock back on right. Recover on left | Back rock |
| 5,6 | Step right to right side. Hold. | Side, hold |
| 7,8 | Cross left behind right. Step right 1/4 turn right (6:00) | Behind, turn |

Section 4 1/4 Turn, Hold, Back Rock, Vine Right Cross

| | | |
|-----|--|--------------|
| 1,2 | Turn 1/4 right stepping left to left side (9:00). Hold | Turn, hold |
| 3,4 | Rock back on right. Recover on left | Back rock |
| 5,6 | Step right to right side. Cross left behind right | Side, behind |
| 7,8 | Step right to right side. Cross left over right | Side, cross |
