



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **My Pretty Belinda**
Type: 32 Count, 2 Wall, Beginner
Choreographer: Vikki Morris (UK), February 2011
Choreographed to: Pretty Belinda by Dr. Victor & The Rasta Rebels (125 bpm, 4:05 min)

Intro: Start after count 32, on the word "Boathouse"

Section 1 Cross Rock, Chasse Right, Cross Rock, Chasse Left

1,2	Cross rock right over left. Recover on left	Cross rock
3&4	Step right to right side. Step left beside right. Step right to right side	Right chasse
5,6	Cross rock left over right. Recover on right	Cross rock
7&8	Step left to left side. Step right beside left. Step left to left side	Left chasse

Section 2 Weave Left, Side, Rocking Chair

1-4	Cross right over left. Step left to left side. Cross right behind left. Step left to left side	Cross, side, behind, side
5,6	Facing diagonal (10:30) - Rock forward on right. Recover on left	Rocking chair
7,8	Rock back on right. Recover on left (12:00)	

Section 3 Paddle 1/4 x 2, Jazz Box Step

1,2	Touch right forward. Paddle 1/4 turn left (9:00)	Paddle
3,4	Touch right forward. Paddle 1/4 turn left (6:00)	Paddle
5-8	Cross right over left. Step left back. Step right to right side. Step left forward	Cross, back, side, step

Section 4 (Extended Syncopated Step Lock Step) x 2

1,2	Facing diagonal (7:30) - Step right forward. Lock left behind right	Step, lock
3&4	Step right forward. Lock left behind right. Step right forward	Step, lock, step
5,6	Facing diagonal (4:30) - Step left forward. Lock right behind left	Step, lock
7&8	Step left forward. Lock right behind left. Step left forward (6:00)	Step, lock, step
