



# Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Only Us**  
Type: 32 Count, 4 Wall, Intermediate  
Choreographer: Maggie Gallagher (UK), November 2021  
Choreographed to: Only Us by Carrie Underwood & Dan + Shay (71 bpm, 3:43 min)

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Intro: Start after count 8

<b>Section 1</b>	<b>Forward Rock, 1/4 Turn, Weave Right, Side, Step, Cross, Side, 1/2 Turn</b>	
1,2&	Rock forward on right. Recover on left. Turn 1/4 right stepping right to right side (3:00)	Forward rock, turn
3&4	Cross left over right. Step right to right side. Cross left behind right	Cross, side, behind
&5	Step right to right side. Step left forward over right and sweep right	Side, step
6&	Cross right over left. Step left to left side	Cross, side
7	Turn 1/2 right stepping right to right side and sweep left (9:00)	Turn
<b>Section 2</b>	<b>Cross, Back, Side, Behind, Side, (Point, Close) x 2, Step, (Close, 1/4 Turn) x 3</b>	
8&	Cross left over right. Step right small step back	Cross, back
1	Step left large step to left side and drag right toward left	Side
2&	Cross right behind left. Step left to left side	Behind, side
3&4&	Point right over left. Step right beside left. Point left over right. Step left beside right	Point, &, point, &
5&6	Step right 1/8 turn right (10:30). Step left beside right. Step right 1/4 turn right (1:30)	Step, &, turn
&7&	Step left beside right. Step right 3/8 turn right (6:00). Step left beside right	&, turn, &
8#*	Step right 1/4 turn right (9:00)	Turn
5&	<i>Non-turning steps 5-8: Step, Close, Back, Close, Step, Close, Step</i>	<i>Step, &amp;</i>
6&	<i>Step right forward on diagonal (10:30). Step left beside right (9:00)</i>	<i>Back, &amp;</i>
7&8#*	<i>Step right back making 1/8 turn left (7:30). Step left beside right</i>	<i>Step, &amp;, step</i>
	<i>Step right forward. Step left beside right. Step right 1/8 turn right (9:00)</i>	
<b>Section 3</b>	<b>Step Point, Cross, Side, 1/4 Hook, Left Shuffle, Step, Weave Right, Side</b>	
&1	Step left forward. Point right to right side	Step, point
2&	Cross right over left. Step left to left side	Cross, side
3	Turn 1/4 right stepping right back and hook left over right (12:00)	Hook
4&5	Step left forward. Step right beside left. Step left forward and sweep right	Left shuffle
6	Step right forward over left and sweep left	Step
7&	Cross left over right. Step right to right side	Cross, side
8& @	Cross left behind right. Step right to right side	Behind, side
<b>Section 4</b>	<b>Cross Rock, Extended Vine Left, Cross Rock, 1/4 Turn, Full Spiral, Run x 2</b>	
1,2	Cross rock left over right. Recover on right	Cross rock
&3&	Step left to left side. Cross right over left. Step left to left side	Side, cross, side
4&	Cross right behind left. Step left to left side	Behind, side
5,6&	Cross rock right over left. Recover on left. Step right 1/4 turn right (3:00)	Cross rock, turn
7	Step left forward and turn full spiral right draping right foot over left	Spiral
7	<i>Non-turning step 7: Step</i>	<i>Step</i>
8&	<i>Step left forward</i>	<i>Run, run</i>
	<i>Run forward stepping right, left</i>	
<b>Tag</b>	<b># Wall 6 (3:00) after 16 Counts (facing 12:00)</b>	
	<b>(Step, Point, Hold) x 2, Close</b>	
&1,2	Step left forward. Point right to right side. Hold	Step, point, hold
&3,4&	Step right forward over left. Point left to left side. Hold. Step left beside right	Step, point, hold, &
<b>Restart</b>	<b>* Wall 6 after Tag</b>	
<b>Ending</b>	<b>@ Wall 8 (9:00) after 24&amp; Counts (facing 3:00)</b>	
	<b>Cross Rock, 1/4 Turn, Cross Unwind</b>	
1,2&	Cross rock left over right. Recover on right. Step left 1/4 turn left (12:00)	Cross rock, turn
3,4	Cross right over left. Unwind full turn left	Cross, unwind
3,4	<i>Non-turning steps 3-4: Cross, Hold</i>	<i>Cross, hold</i>
	<i>Cross right over left. Hold</i>	

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Choreographer's Note: The music slows down slightly after the restart. Dance with the music until the regular beat kicks back in