



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Patient Heart**
 Type: 48 Count, 2 Wall, Intermediate
 Choreographer: Michael Vera-Lobos & Lisa Foord (Australia), 1999
 Choreographed to: Patient Heart by Bekka & Billy; Heart Is Right by Carlene Carter (149 bpm, 3:28 min)

Intro: Start after count 8

Section 1	Walk x 2, Right Shuffle, Step Pivot 1/4, Cross Shuffle	
1,2,3&4	Walk forward stepping right, left. Step right forward. Step left beside right. Step right forward	Walk, walk, right shuffle
5,6	Step left forward. Pivot 1/4 turn right (3:00)	Step, pivot
7&8	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
Section 2	3/4 Turn, Right Shuffle, Step Pivot 1/4, Extended Step Lock Step	
1,2	Turn 1/4 left stepping right back (12:00). Turn 1/2 left stepping left forward (6:00)	Turn, turn
	<i>Non-turning steps 1-2: 1/4 Turn, Step</i>	
1,2	<i>Step right 1/4 turn right (6:00). Step left forward</i>	<i>Turn, step</i>
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left forward. Pivot 1/4 turn right (9:00)	Step, pivot
7&8	Step left forward on diagonal (10:30). Lock right behind left. Step left forward	Step, lock, step
&1	Lock right behind left. Step left forward	Lock, step
Section 3	Kick, Kick-Ball 1/4, Scuff, 1/4 Turn, 1/2 Scuff, Back	
2	Kick right over left (9:00)	Kick
3&4	Kick right over left. Step ball of right beside left. Turn 1/4 right stepping left to left side (12:00)	Kick-ball turn
5-8	Scuff right. Step right 1/4 turn right (3:00). Scuff left making 1/2 turn right (9:00). Step left back	Scuff, turn, scuff, back
	<i>Non-turning steps 2-7: Kick, Kick-Ball Change, (Scuff, Back) x 2</i>	
2,3&4	<i>Kick right over left. Kick right over left. Step ball of right beside left. Step left in place</i>	<i>Kick, kick-ball change</i>
5-8	<i>Scuff right. Step right back. Scuff left. Step left back</i>	<i>Scuff, back, scuff, back</i>
Section 4	Right Shuffle, Left Shuffle, Jazz Jump x 2, Heel Bounce x 2	
1&2	Step right forward. Step left beside right. Step right forward	Right shuffle
3&4	Step left forward. Step right beside left. Step left forward	Left shuffle
&5	Jump right forward on diagonal (10:30). Jump left forward on diagonal (7:30)	Jazz jump
&6	Jump right back on diagonal (4:30). Jump left beside right	Jazz jump
&7&8	Lift heels. Lower heels. Lift heels. Lower heels	Bounce, bounce
Section 5	(Scuff, Toe Strut, Heel Bounce) x 2	
1	Scuff right over left facing diagonal (7:30)	Scuff
2	Facing diagonal (10:30) - Touch right toe forward	Toe
3&4,5	Lower right heel. Lift right heel. Lower right heel. Scuff left over right.	Strut, &, bounce, scuff
6	Facing diagonal (7:30) - Touch left toe forward.	Toe
7&8	Lower left heel. Lift left heel. Lower left heel	Strut, &, bounce
Section 6	Kick-Ball Change, Kick-Ball 1/4, Step Pivot 1/2 x 2	
1&2	Kick right forward (9:00). Step ball of right beside left. Step left in place	Kick-ball change
3&4	Kick right forward. Step ball of right beside left. Step left 1/4 turn left (6:00)	Kick-ball turn
5-8	Step right forward. Pivot 1/2 turn left (12:00). Step right forward. Pivot 1/2 turn left (6:00)	Step, pivot, step, pivot
	<i>Non-turning steps 5-8: Rocking Chair</i>	
5-8	<i>Rock forward on right. Recover on left. Rock back on right. Recover on left</i>	<i>Rocking chair</i>
Tag	End of Wall 3 (12:00 - add Tag facing 6:00)	
	End of Walls 6 & 8 (6:00 - add Tag facing 12:00)	
	Side, Behind, Chasse Right, Kick-Ball Change x 2	
1,2	Step right to right side. Cross left behind right	Side, behind
3&4	Step right to right side. Step left beside right. Step right to right side	Right chasse
5&6	Kick left forward. Step ball of left beside right. Step right in place	Kick-ball change
7&8	Kick left forward. Step ball of left beside right. Step right in place	Kick-ball change
	3/4 Turn, 1/4 Chasse Left, Kick-Ball Change x 2	
1,2	Step left 1/4 turn left. Turn 1/2 left stepping right back	Turn, turn
3&4	Turn 1/4 left stepping left to left side. Step right beside left. Step left to left side	Turn chasse
	<i>Non-turning steps 1-4: Side, Behind, Chasse Left</i>	
1,2	<i>Step left to left side. Cross right behind left</i>	<i>Side, behind</i>
3&4	<i>Step left to left side. Step right beside left. Step left to left side</i>	<i>Left chasse</i>
5&6	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
7&8	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change