



Dance: **Rose From The Sea (Rosa Del Mar)**
Type: 32 Count, 4 Wall, Improver
Choreographer: Rep Ghazali-Meaney (UK), October 2016
Choreographed to: Rosa Del Mar by Gabe Garcia (105 bpm, 3:35 min)

Intro: Start after count 16, on the word "Texas"

Section 1 Heel Toe Touch, Right Shuffle, Forward Rock, 1/2 Shuffle x 2

1,2	Touch right heel forward. Touch right toe back	Heel, toe
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Turn 1/2 left stepping left forward. Step right beside left. Step left forward (6:00)	Half shuffle
1&2	Turn 1/2 left stepping right back. Step left beside right. Step right back (12:00)	Half shuffle
	<i>Non-turning steps 8-2: Back Shuffle x 2</i>	
7&8	<i>Step left back. Step right beside left. Step left back</i>	<i>Back shuffle</i>
1&2	<i>Step right back. Step left beside right. Step right back</i>	<i>Back shuffle</i>

Section 2 Back Rock, Skate x 2, Left Shuffle

3,4	Rock back on left. Recover on right	Back rock
5,6	Slide left forward on diagonal (10:30). Slide right forward on diagonal (1:30)	Skate, skate
7&8	Step left forward (12:00). Step right beside left. Step left forward	Left shuffle

Section 3 Step Pivot 1/4, Cross Shuffle, 3/4 Turn, Forward Rock

1,2	Step right forward. Pivot 1/4 turn left (9:00)	Step, pivot
3&4	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
5,6	Turn 1/4 right stepping left back (12:00). Turn 1/2 right stepping right forward (6:00)	Turn, turn
	<i>Non-turning steps 1-6: Forward Rock, Back Lock Step, Back, 1/2 Turn</i>	
1,2	<i>Rock forward on right. Recover on left</i>	<i>Forward rock</i>
3&4	<i>Step right back. Lock left over right. Step right back</i>	<i>Back, lock, back</i>
5,6	<i>Step left back. Turn 1/2 right stepping right forward (6:00)</i>	<i>Back, turn</i>
7,8 @	Rock forward on left. Recover on right	Forward rock

Section 4 1/4 Side Rock Turn, Sailor 1/4, Cross, 1/4 Hitch, Left Shuffle

1,2	Turn 1/4 left rocking to side on left (3:00). Recover on right	Turn, rock
3&4	Turn 1/4 left crossing left behind right (12:00). Step right to right side. Step left to left side	Sailor turn
5,6	Cross right over left. Hitch left making 1/4 turn right (3:00)	Cross, hitch
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle

Ending @ Wall 11 (6:00) after 24 Counts (facing 12:00)

Back Rock, Step

1-3	Rock back on left. Recover on right. Step left forward	Back rock, step
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