



Dance: **Shania's Moments**  
Type: 48 Count, 2 Wall, Intermediate  
Choreographer: Nathan Easey  
Choreographed to: From This Moment On by Shania Twain (129 bpm, 4:01 min)

---

Intro: Start after count 68

**Section 1 (Cross Rock, Cha Cha Cha) x 2**

1,2	Cross rock right over left. Recover on left	Cross rock
3&4	Step in place right, left, right	Cha cha cha
5,6	Cross rock left over right. Recover on right	Cross rock
7&8	Step in place left, right, left	Cha cha cha

**Section 2 Forward Rock, Sailor 1/4, Forward Rock, Back Touch**

1,2	Rock forward on right. Recover on left	Forward rock
3&4	Turn 1/4 left crossing right behind left (9:00). Step left to left side. Step right to right side	Sailor turn
5,6	Rock forward on left. Recover on right	Forward rock
7,8	Step left back. Touch right over left and click fingers	Back, touch

**Section 3 Right Shuffle, Step Pivot 1/2, Left Shuffle, Step Pivot 1/2**

1&2	Step right forward. Step left beside right. Step right forward	Right shuffle
3,4	Step left forward. Pivot 1/2 turn right (3:00)	Step, pivot
5&6	Step left forward. Step right beside left. Step left forward	Left shuffle
7,8	Step right forward. Pivot 1/2 turn left (9:00)	Step, pivot

**Section 4 Toe Strut x 2, Kick-Ball Step, Step Pivot 1/4**

1,2	Step right toe forward. Lower right heel	Toe strut
3,4	Step left toe forward. Lower left heel	Toe strut
5&6	Kick right forward. Step ball of right beside left. Step left forward	Kick-ball step
7,8	Step right forward. Pivot 1/4 turn left (6:00)	Step, pivot

**Section 5 Cross Shuffle, Chasse Left, Back Rock, Side, Brush**

1&2	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
3&4	Step left to left side. Step right beside left. Step left to left side	Left chasse
5,6	Rock back on right. Recover on left	Back rock
7,8	Step right to right side. Brush left	Side, brush

**Section 6 Cross Shuffle, Chasse Right, Back Rock, Side, Brush**

1&2	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
3&4	Step right to right side. Step left beside right. Step right to right side	Right chasse
5,6	Rock back on left. Recover on right	Back rock
7,8	Step left to left side. Brush right	Side, brush

---