



Dance: **Sweet Hurt**
 Type: 64 Count, 4 Wall, Improver
 Choreographer: Ria Vos (NL)
 Choreographed to: Sweet Hurt by Jack Savoretti (135 bpm, 3:22 min)

Intro: Start after count 32

Section 1 Heel Toe Switch x 2, Vine Right Touch

1,2	Touch right heel forward. Touch right beside left	Heel, &
3,4	Touch right toe to right side. Touch right beside left	Toe, &
5,6	Step right to right side. Cross left behind right	Side, behind
7,8	Step right to right side. Touch left beside right	Side, touch

Section 2 Heel Toe Switch, Vine 1/4 Left Brush

1,2	Touch left heel forward. Touch left beside right	Heel, &
3,4	Touch left toe to left side. Touch left beside right	Toe, &
5,6	Step left to left side. Cross right behind left	Side, behind
7,8	Step left 1/4 turn left (9:00). Brush right	Turn, brush

Section 3 Rocking Chair, Toe Strut, Step Pivot 1/2

1,2	Rock forward on right. Recover on left	Rocking chair
3,4	Rock back on right. Recover on left	
5,6	Step right toe forward. Lower right heel	Toe strut
7,8	Step left forward. Pivot 1/2 turn right (3:00)	Step, pivot

Section 4 Step Touch, Back, Kick, Coaster Cross, Hold

1,2	Step left forward. Touch right behind left	Step, touch
3,4	Step right back. Kick left forward	Back, kick
5-8	Step left back. Step right beside left. Cross left over right. Hold	Coaster cross, hold

Section 5 Rumba Box Hitch

1,2	Step right to right side. Step left beside right	Side, close
3,4	Step right forward. Touch left beside right	Step, touch
5,6	Step left to left side. Step right beside left	Side, close
7,8	Step left back. Hitch right	Back, hitch

Section 6 Back Rock, Walk x 3, Hold, Pivot 1/4, Hold

1,2	Rock back on right. Recover on left	Back rock
3-6	Walk forward stepping right, left, right. Hold	Walk, walk, walk, hold
7,8	Pivot 1/4 turn left (12:00). Hold	Pivot, hold

Section 7 Weave Left, Side, Cross Rock, Side Rock

1,2	Cross right over left. Step left to left side	Cross, side
3,4	Cross right behind left. Step left to left side	Behind, side
5,6	Cross rock right over left. Recover on left	Cross rock
7,8	Rock to side on right. Recover on left	Side rock

Section 8 Behind, 1/4 Turn, Step Pivot 1/2, Toe Strut x 2

1,2	Cross right behind left. Step left 1/4 turn left (9:00)	Behind, turn
3,4	Step right forward. Pivot 1/2 turn left (3:00)	Step, pivot
<i>Non-turning steps 1-4: Behind, Side, Back Rock 1/4 Turn</i>		
1,2	<i>Cross right behind left. Step left to left side</i>	<i>Behind, side</i>
3,4	<i>Rock back on right. Turn 1/4 right recovering on left (3:00)</i>	<i>Rock, turn</i>
5,6	Step right toe forward. Lower right heel	Toe strut
7,8	Step left toe forward. Lower left heel	Toe strut