



Dance: **Sweet Ireland**  
 Type: 64 Count, 4 Wall, Easy Intermediate  
 Choreographer: Gary O'Reilly (IRE), March 2022  
 Choreographed to: Sweet Ireland by Green Lads (120 bpm, 3:14 min)

Intro: Start after count 32, from the heavy beat

<b>Section 1</b>	<b>Cross, Hold, Side, Cross Shuffle, Side Rock, Weave Right, Side</b>	
1,2&	Cross right over left. Hold. Step left small step to left side	Cross, Hold, &
3&4	Cross right over left. Step left beside. Cross right over left {3&4 danced more on spot than travelling}	Cross shuffle
5,6	Rock to side on left. Recover on right	Side rock
7&8&	Cross left behind right. Step right to right side. Cross left over right. Step right to right side	Behind, side, cross, side
<b>Section 2</b>	<b>Cross, Hold, Side, Cross Shuffle, Side Rock, Behind, Side, Step</b>	
1,2&	Cross left over right. Hold. Step right small step to right side	Cross, hold, &
3&4	Cross left over right. Step right to right side. Cross left over right {3&4 danced more on spot than travelling}	Cross shuffle
5,6,7&8	Rock to side on right. Recover on left. Cross right behind left. Step left to left side. Step right forward	Side rock, behind, side, step
<b>Section 3</b>	<b>Forward Rock, Full Triple Turn, Mambo 1/2, Step</b>	
1,2	Rock forward on left. Recover on right	Forward rock
3&4	Turn 1/2 left stepping left forward. Turn 1/2 right stepping right beside left. Step left beside right <i>Non-turning steps 3-4: Coaster Step</i>	Full triple turn
3&4	<i>Step left back. Step right beside left. Step left forward</i>	<i>Coaster step</i>
5-8	Rock forward on right. Recover on left. Turn 1/2 right stepping right forward (6:00). Step left forward	Mambo half, step
<b>Section 4</b>	<b>Side x 2, Back, Back Rock, Step Pivot 1/4, Cross Shuffle</b>	
&1,2	Step right to right side. Step left to left side. Step right back	Side, side, back
3-6	Rock back on left. Recover on right. Step left forward. Pivot 1/4 turn right (9:00)	Back rock, step, pivot
7&8	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
<b>Section 5</b>	<b>Modified Toe Heel Switch x 6</b>	
1,2&	Touch right toe to right side. Hold. Step right beside left	Toe, hold, &
3&4&	Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left	Heel, &, heel, &
5,6&	Touch left toe to left side. Hold Step left beside right	Toe, hold, &
7&8&	Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right	Heel, &, heel, &
<b>Section 6</b>	<b>Forward Rock, 1/2 Shuffle, Step Pivot 1/4, Cross Shuffle</b>	
1,2	Rock forward on right. Recover on left	Forward rock
3&4	Turn 1/4 right stepping right to right side. Step left beside right. Step right 1/4 turn right (3:00)	Half shuffle
5,6	Step left forward. Pivot 1/4 turn right (6:00) <i>Non-turning steps 3-6: Back Shuffle, Back Rock 1/4 Turn</i>	Step, pivot
3&4,5,6	<i>Step right back. Step left beside right. Step right back. Rock back on left. Turn 1/4 left recovering on right (6:00)</i>	<i>Back shuffle, rock, turn</i>
7&8	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
<b>Section 7</b>	<b>Modified Toe Heel Switch x 6</b>	
1,2&	Touch right toe to right side. Hold. Step right beside left	Toe, hold, &
3&4&	Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left	Heel, &, heel, &
5,6&	Touch left toe to left side. Hold Step left beside right	Toe, hold, &
7&8&	Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right	Heel, &, heel, &
<b>Section 8</b>	<b>Forward Rock, 1/2 Shuffle, Step Pivot 1/4, Cross, Side Rock</b>	
1,2	Rock forward on right. Recover on left	Forward rock
3&4	Turn 1/4 right stepping right to right side. Step left beside right. Step right 1/4 turn right (12:00)	Half shuffle
5,6	Step left forward. Pivot 1/4 turn right (3:00) <i>Non-turning steps 3-6: Back Shuffle, Back Rock 1/4 Turn</i>	Step, pivot
3&4, 5,6	<i>Step right back. Step left beside right. Step right back. Rock back on left. Turn 1/4 left recovering on right (3:00)</i>	<i>Back shuffle, rock, turn</i>
7,8&	Cross left over right. Rock to side on right. Recover on left	Cross, side rock
<b>Tag</b>	<b>End of Wall 3 (6:00 - add Tag facing 9:00)</b>	
	<b>Rocking Chair, Walk 7/8 x 4</b>	
1-4	Turn 1/8 left rocking forward on right (7:30). Recover on left. Rock back on right. Recover on left	Rocking chair
5,6	Step right 1/4 turn right (10:30). Step left 1/4 turn right (1:30)	Turn, turn
7,8	Step right 1/4 turn right (4:30). Step left 1/8 turn right (6:00) <i>Non-turning steps 1-8: Rocking Chair, Walk 1/4 x 4</i>	Turn, step
1-4	<i>Rock forward on right. Recover on left. Rock back on right. Recover on left</i>	<i>Rocking chair</i>
5-8	<i>Walk forward stepping right, left, right, left making 1/4 turn left (6:00)</i>	<i>Walk, walk, walk, walk</i>

Choreographers note: During Wall 3 (6:00) after 48 Counts the music slows down and fades slightly, keep dancing in time with music to complete Wall 3.