



# Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **A Happy Life!**  
Type: 32 Count, 4 Wall, Beginner  
Choreographer: Keriann Marshall & Jeanne Chamas, January 2019  
Choreographed to: A Long And Happy Life by Delta Rae (86 bpm, 3:38 min)

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Intro: Start after count 16, on the vocals

**Section 1 Skate x 2, Right Shuffle, Skate x 2, 1/4 Shuffle**

1,2	Slide right forward on diagonal (1:30). Slide left forward on diagonal (10:30)	Skate, skate
3&4	Step right forward (12:00). Step left beside right. Step right forward	Right shuffle
5,6	Slide left forward on diagonal (10:30). Slide right forward on diagonal (1:30)	Skate, skate
7&8	Step left 1/4 turn left (9:00). Step right beside left. Step left forward	Turn shuffle

**Section 2 Forward Rock, Coaster Step, Step Pivot 1/2, Left Shuffle**

1,2	Rock forward on right. Recover on left	Forward rock
3&4	Step right back. Step left beside right. Step right forward	Coaster step
5,6	Step left forward. Pivot 1/2 turn right (3:00)	Step, pivot
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle

**Section 3 Side Rock, Weave Left, Side Rock, Weave Right**

1,2	Rock to side on right. Recover on left	Side rock
3&4	Cross right behind left. Step left to left side. Cross right over left	Behind, side, cross
5,6	Rock to side on left. Recover on right	Side rock
7&8	Cross left behind right. Step right to right side. Cross left over right	Behind, side, cross

**Section 4 Kick-Ball Change x 2, Step Pivot 1/2, Stomp x 2**

1&2	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
3&4	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
5,6	Step right forward. Pivot 1/2 turn left (9:00)	Step, pivot
7,8	Stomp right forward. Stomp left beside right	Stomp, stomp

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