



Dance: **Bottoms Up**  
Type: 48 Count, 4 Wall, Easy Intermediate  
Choreographer: Karl-Harry Winson (UK), May 2025  
Choreographed to: Bell Bottoms Up by Lainey Wilson (130 bpm, 3:26 min)

Intro: Start after count 32, on the vocals

<b>Section 1</b>	<b>Syncopated Vine Cross, Point x 3, Cross Shuffle</b>	
1,2&3	Step right to right side. Cross left behind right. Step right to right side. Cross left over right	Side, behind, side, cross
4-6	Point right to right side. Point right forward. Point right to right side	Point out, forward, out
7&8	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
<b>Section 2</b>	<b>Syncopated Vine Left Cross, 1/4 Turn, Step Pivot 1/4 x 2</b>	
1,2&3	Step left to left side. Cross right behind left. Step left to left side. Cross right over left	Side, behind, side, cross
4-6	Step left 1/4 turn left (9:00). Step right forward. Pivot 1/4 turn left (6:00)	Turn, step, pivot
7,8	Step right forward. Pivot 1/4 turn left (3:00)	Step, pivot
	<i>Non-turning steps 4-8: 1/4 Turn, Back Rock, Side Rock</i>	
4	<i>Turn 1/4 right stepping left back (3:00)</i>	Turn
5-8	<i>Rock back on right. Recover on left. Rock to side on right. Recover on left</i>	Back rock, side rock
<b>Section 3</b>	<b>Walk x 2, Kick-Ball Step, Forward Rock, Back Shuffle</b>	
1,2	Walk forward stepping right, left	Walk, walk
3&4	Kick right forward. Step ball of right beside left. Step left forward	Kick-ball step
5,6	Rock forward on right. Recover on left	Forward rock
7&8	Step right back. Step left beside right. Step right back	Back shuffle
<b>Section 4</b>	<b>Back Rock, 1/2 Shuffle, Side Touch x 2</b>	
1,2	Rock back on left. Recover on right	Back rock
3&	Turn 1/4 right stepping left to left side. Step right beside left	Half shuffle
4	Turn 1/4 right stepping left back (9:00)	
5-8*	Step right to right side. Touch left beside right. Step left to left side. Touch right beside left	Side, touch, side, touch
<b>Section 5</b>	<b>Kick-Ball Cross, Side, Drag, Kick-Ball Cross, Side, Behind</b>	
1&2	Kick right forward. Step ball of right beside left. Cross left over right	Kick-ball cross
3,4	Step right large step to right side. Drag left towards right	Side, drag
5&6	Kick left forward. Step ball of left beside right. Cross right over left	Kick-ball cross
7,8	Step left to left side. Cross right behind left	Side, behind
<b>Section 6</b>	<b>Chasse 1/4 Left, Step Pivot 1/4, Cross, Hinge 1/2 Turn, Cross</b>	
1&2	Step left to left side. Step right beside left. Step left 1/4 turn left (6:00)	Left chasse turn
3-5	Step right forward. Pivot 1/4 turn left (3:00). Cross right over left	Step, pivot, cross
6,7	Turn 1/4 right stepping left back (6:00). Turn 1/4 right stepping right to right side (9:00)	Turn, turn
8	Cross left over right	Cross
<b>Tag 1</b>	<b>End of Wall 1 (12:00 - add Tag facing 9:00)</b>	
	<b>Rocking Chair</b>	
1,2	Facing diagonal (10:30) - Rock forward on right. Recover on left	Rocking chair
3,4	Rock back on right. Recover on left	
<b>Tag 2</b>	<b>End of Wall 2 (9:00 - add Tag facing 6:00)</b>	
	<b>Rocking Chair, Modified 1/2 Figure Of 8</b>	
1,2	Facing diagonal (7:30) - Rock forward on right. Recover on left	Rocking chair
3,4	Rock back on right. Recover on left	
5-7	Step right to right side (6:00). Cross left behind right. Step right 1/4 turn right	Side, behind, turn
8,1,2	Step left forward. Pivot 1/2 turn right. Turn 1/4 right stepping left to left side	Step, pivot, turn
3,4	Cross rock right behind left. Recover on left	Back rock
	<i>Non-turning steps 5-8,1-4: Vine Right, Cross Rock, Side, Cross Back Rock</i>	
1-3	<i>Step right to right side. Cross left behind right. Step right to right side</i>	Side, behind, side
4,5	<i>Cross rock left over right. Recover on right</i>	Cross rock
6-8	<i>Step left to left side. Cross rock right behind left. Recover on left</i>	Side, back rock
<b>Restart</b>	<b>* Wall 6 (9:00) after 32 Counts (restart facing 6:00)</b>	

Choreographers note: Wall 5 into 6 will go slightly out of phase, dance through this, the restart on Wall 6 will bring phasing back