



Dance: **Caught In The Act**
 Type: 64 Count, 4 Wall, Intermediate
 Choreographer: Ann Wood (UK), February 2004
 Choreographed to: It Don't Get Better Than This by Rodney Crowell (126 bpm, 2:41 min);
 Who's Been Sleeping In My Bed by Glen Fry

Intro: Start after count 32, on the word "Temptress"; Start on the vocals

Section 1 Kick-Ball Cross x 2, Side Rock, Sailor Step

1&2	Kick right forward. Step ball of right beside left. Cross left over right	Kick-ball cross
3&4	Kick right forward. Step ball of right beside left. Cross left over right	Kick-ball cross
5,6	Rock to side on right. Recover on left	Side rock
7&8	Cross right behind left. Step left to left side. Step right to right side	Sailor step

Section 2 Kick-Ball Cross x 2, Side Rock, Sailor 1/4

1&2	Kick left forward. Step ball of left beside right. Cross right over left	Kick-ball cross
3&4	Kick left forward. Step ball of left beside right. Cross right over left	Kick-ball cross
5,6	Rock to side on left. Recover on right	Side rock
7&8	Turn 1/4 left crossing left behind right (9:00). Step right to right side. Step left to left side	Sailor turn

Section 3 Forward Rock, Coaster Step, Forward Rock, 1/2 Cha Cha Cha

1,2	Rock forward on right. Recover on left	Forward rock
3&4	Step right back. Step left beside right. Step right forward	Coaster step
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Turn 1/2 left stepping left, right, left in place (3:00)	Half, cha, cha

Section 4 Forward Rock Switch x 2, Back Shuffle, Back Rock

1,2&	Rock forward on right. Recover on left. Step right beside left	Forward rock, &
3,4	Rock forward on left. Recover on right	Forward rock
5&6	Step left back. Step right beside left. Step left back	Back shuffle
7,8	Rock back on right. Recover on left	Back rock

Section 5 Modified Toe Heel Switch x 4, Step Pivot 1/4

1,2&	Touch right toe to right side. Hold. Step right beside left	Toe, hold, &
3,4&	Touch left toe to left side. Hold. Step left beside right	Toe, hold &
5&	Touch right heel forward. Step right beside left	Heel, &
6&	Touch left heel forward. Step left beside right	Heel, &
7,8	Step right forward. Pivot 1/4 turn left (12:00)	Step, pivot

Section 6 Cross Shuffle, Hinge 1/2 Turn, Cross Rock, Chasse Left

1&2	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
3,4	Turn 1/4 right stepping left back (3:00). Turn 1/4 right stepping right to right side (6:00)	Turn, turn
5,6	Cross rock left over right. Recover on right	Cross rock
7&8	Step left to left side. Step right beside left. Step left to left side	Left chasse

Section 7 Cross Touch, Modified Heel Jack

1,2	Cross right over left. Touch left beside right	Cross, touch
&3,4	Step left back. Touch right heel forward on diagonal (7:30). Hold	&, heel, hold
&5,6	Step right beside left. Cross left over right. Hold	&, cross, hold
&7,8	Step right back. Touch left heel forward on diagonal (4:30). Hold	&, heel, hold
&1	Step left beside right. Cross right over left	&, cross

Section 8 1/4 Turn, Coaster Step, Walk x 2, Left Shuffle

2	Turn 1/4 right stepping left back (9:00)	Turn
3&4	Step right back. Step left beside right. Step right forward	Coaster step
5,6	Walk forward stepping left, right	Walk, walk
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle