



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **The Dance**
Type: 16 Count, 4 Wall, Beginner
Choreographer: Tina Argyle (UK), April 2018
Choreographed to: The Dance by Robert Mizzell (68 bpm, 3:46 min)

Intro: Start after count 20, on the word "Back"

Section 1 Nightclub x 2, 1/4 Nightclub, Syncopated Vine Left

1,2&	Step right large step to right side. Rock back on left. Recover on right	Side, back rock
3,4&	Step left large step to left side. Rock back on right. Recover on left	Side, back rock
5	Turn 1/4 left stepping right large step to right side (9:00)	Turn
6&#*	Rock back on left. Recover on right	Back rock
7,8&	Step left large step to left side. Cross right behind left. Step left to left side	Side, behind, side

Section 2 (Cross Rock, Side) x 2, Step, Chase 1/2 Turn, Run x 2

1,2&	Cross rock right over left. Recover on left. Step right to right side	Cross rock, side
3,4&	Cross rock left over right. Recover on right. Step left to left side	Cross rock, side
5	Step right forward	Step
6&7	Step left forward. Pivot 1/2 turn right (3:00). Step left forward	Step, pivot, step
8&	Run forward stepping right, left	Run, run
	<i>Optional turning steps 8&: Full Turn</i>	
8&	<i>Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward</i>	<i>Full turn</i>

Tag # Wall 5 (12:00) after 6& Counts (facing 9:00)

Nightclub

7,8&	Step left large step to left side. Rock back on right. Recover on left	Side, back rock
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Restart * Wall 5 after Tag
