



# Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Flip It**  
Type: 32 Count, 4 Wall, Absolute Beginner  
Choreographer: Alison Biggs (UK) & Peter Metelnick (UK), June 2022  
Choreographed to: She Had Me At Heads Carolina by Cole Swindell (135 bpm, 3:23 min)

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Intro: Start after count 16, on the vocals

**Section 1 (Step Lock Step, Brush) x 2**

1,2	On diagonal (1:30) - Step right forward. Lock left behind right	Step, lock
3,4	Step right forward. Brush left	Step, brush
5,6	On diagonal (10:30) - Step left forward. Lock right behind left	Step, lock
7,8	Step left forward. Brush right	Step, brush

**Section 2 Forward Rock, Toe Strut, Walk Back x 3, Touch**

1,2	Rock forward on right (12:00). Recover on left	Forward rock
3,4	Step right toe back. Lower right heel	Back strut
5-8	Walk back stepping left, right, left. Touch right beside left	Back, back, back, touch

**Section 3 Vine Right Flick, Vine 1/4 Left Hitch**

1,2	Step right to right side. Cross left behind right	Side, behind
3,4	Step right to right side. Flick left back behind right	Side, flick
5,6	Step left to left side. Cross right behind left	Side, behind
7,8	Step left 1/4 turn left (9:00). Hitch right	Turn, hitch

**Section 4 Walk Back x 4, Back Rock, Stomp x 2**

1-4	Walk back stepping right, left, right, left	Back, back, back, back
5,6	Rock back on right. Recover on left	Back rock
7,8	Stomp right forward. Stomp left beside right	Stomp, stomp

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