



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Fly Like A Bird**
 Type: 32 Count, 2 Wall, Intermediate
 Choreographer: Hedy McAdams (USA), Nov 1995
 Choreographed to: Fly Like A Bird by Boz Scaggs (123 bpm, 3:32 min);
 If It Don't Take Two by Shania Twain

Intro: Start after count 32

Section 1 Side Rock, 1/4 Turn, Hold, 1/4 Side Rock, 1/4 Turn, Hold

1,2	Rock to side on left. Recover on right	Side rock
3,4	Step left 1/4 turn left (9:00). Hold	Turn, hold
5,6	Turn 1/4 left rocking to side on right (6:00). Recover on left	Rock, turn
7,8	Step right 1/4 turn right (9:00). Hold	Turn, hold

Section 2 1/4 Side Rock, 1/4 Turn, Hold, Kick-Ball 1/4, Kick-Ball Change

1,2	Turn 1/4 right rocking to side on left (12:00). Recover on right	Rock, turn
3,4	Step left 1/4 turn left (9:00). Hold	Turn, hold
5&6	Kick right forward. Step ball of right beside left. Step left 1/4 turn left (6:00)	Kick-ball turn
7&8	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change

Section 3 Cross Unwind 1/2, Cross Shuffle, 1/4 Shuffle, 3/4 Turn

1,2	Cross right over left. Unwind 1/2 turn left (12:00)	Cross, unwind
3&4	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
5&6	Step right 1/4 turn right (3:00). Step left beside right. Step right forward	Turn shuffle
7,8	Turn 1/4 right stepping left to left side (6:00). Turn 1/2 right stepping right to right side (12:00)	Turn, turn
	<i>Non-turning steps 7,8: Step, 1/4 Turn</i>	
7,8	<i>Step left forward. Turn 1/4 left stepping right to right side (12:00)</i>	<i>Step, turn</i>

Section 4 Cross Point, Cross Unwind 1/2, Cross Shuffle, Side, Drag

1,2	Cross left over right. Point right to right side	Cross, point
3,4	Cross right over left. Unwind 1/2 turn left (6:00)	Cross, unwind
5&6	Cross left over right. Step right to right side, Cross left over right	Cross shuffle
7,8	Step right large step to right. Drag left beside right	Side, drag