



Dance: **For The Longest Time**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Roosamekto Mamek (INA), May 2020
Choreographed to: The Longest Time by The Overtones (85 bpm, 3:29 min)

Intro: Start after count 16

Section 1 Side Touch x 2, 1/2 Rumba Box, Side Touch x 2, 1/2 Back Rumba Box

| | | |
|-----|--|-------------------|
| 1& | Step right to right side. Touch left beside right | Side, touch |
| 2& | Step left to left side. Touch right beside left | Side, touch |
| 3&4 | Step right to right side. Step left beside right. Step right forward | Side, close, step |
| 5& | Step left to left side. Touch right beside left | Side, touch |
| 6& | Step right to right side. Touch left beside right | Side touch |
| 7&8 | Step left to left side. Step right beside left. Step left back | Side, close, back |

Section 2 Coaster Step, Step Lock Step, Jazz Box 1/4 Cross

| | | |
|------|--|------------------|
| 1&2 | Step right back. Step left beside right. Step right forward | Coaster step |
| 3&4 | Step left forward. Lock right behind left. Step left forward | Step, lock, step |
| 5,6 | Cross right over left. Step left back | Cross, back |
| 7,8* | Step right 1/4 turn right (3:00). Cross left over right | Turn, cross |

Section 3 Side Rock, Chasse Right, Side Rock, Chasse Left

| | | |
|-----|--|--------------|
| 1,2 | Rock to side on right. Recover on left | Side rock |
| 3&4 | Step right to right side. Step left beside right. Step right to right side | Right chasse |
| 5,6 | Rock to side on left. Recover on right | Side rock |
| 7&8 | Step left to left side. Step right beside left. Step left to left side | Left chasse |

Section 4 (Kick, Side) x 2, Toe Switch x 2, Paddle 1/4 x 2

| | | |
|-----|---|---------|
| 1& | Kick right over left. Step right to right side | Kick, & |
| 2& | Kick left over right. Step left to left side | Kick, & |
| 3& | Touch right toe forward. Step right beside left | Toe, & |
| 4& | Touch left toe forward. Step left beside right | Toe, & |
| 5,6 | Touch right forward. Paddle 1/4 turn left (12:00) | Paddle |
| 7,8 | Touch right forward. Paddle 1/4 turn left (9:00) | Paddle |

Restart * Wall 3 (6:00) after 16 Counts (restart facing 9:00)
