



# Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Forget-Me-Not**  
 Type: 64 Count, 4 Wall, Intermediate  
 Choreographer: Pat Stott (UK), October 2017  
 Choreographed to: There's No Getting Over Me by Ronnie Milsap (102 bpm, 3:13 min)

Intro: Start after count 16, on the word "Walk"

<b>Section 1</b>	<b>Walk x 2, Right Shuffle, Step Pivot 1/2, Left Shuffle</b>	
1,2	Walk forward stepping right, left	Walk, walk
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left forward. Pivot 1/2 turn right (6:00)	Step, pivot
7&8*	Step left forward. Step right beside left. Step left forward	Left shuffle
<b>Section 2</b>	<b>Side, Close, Chasse Right, Cross Rock, Chasse 1/4 Left</b>	
1,2	Step right to right side. Step left beside right	Side, close
3&4	Step right to right side. Step left beside right. Step right to right side	Right chasse
5,6	Cross rock left over right. Recover on right	Cross rock
7&8	Step left to left side. Step right beside left. Step left 1/4 turn left (3:00)	Left chasse turn
<b>Section 3</b>	<b>Step, 1/2 Hook, Step, 1/2 Toe Touch, Step, 1/2 Hook, Step Lock Step</b>	
1,2	Step right forward. Hook left over right making 1/2 turn left (9:00)	Step, hook
3,4	Step left forward. Touch right toe forward making 1/2 turn right (3:00)	Step, touch
	<i>Non-turning steps 1-4: Step, Hook, Back, Touch</i>	
1-4	<i>Step right forward. Hook left behind right. Step left back. Touch right toe forward</i>	<i>Step, hook, back, touch</i>
5,6	Step right forward. Hook left over right making 1/2 turn left (9:00)	Step, hook
7&8	Step left forward. Lock right behind left. Step left forward	Step, lock, step
<b>Section 4</b>	<b>Step Pivot 1/4, Cross Shuffle, 1/4 Turn, 1/2 Spiral, Right Shuffle</b>	
1,2	Step right forward. Pivot 1/4 turn left (6:00)	Step, pivot
3&4	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
5,6	Turn 1/4 right stepping left back (9:00). Turn 1/2 right draping right foot over left (3:00)	Turn, spiral
	<i>Non-turning steps 5,6: 1/4 Turn, Hold</i>	
5,6	<i>Step left 1/4 turn left (3:00). Hold</i>	<i>Turn, hold</i>
7&8	Step right forward. Step left beside right. Step right forward	Right shuffle
<b>Section 5</b>	<b>Forward Rock, Back Lock Step x 2, 1/2 Toe Turn</b>	
1,2	Rock forward on left. Recover on right	Forward rock
3&4	Step left back. Lock right over left. Step left back	Back, lock, back
5&6 @	Step right back. Lock left over right. Step right back	Back, lock, back
7,8	Touch left toe back. Turn 1/2 left (9:00)	Toe, turn
<b>Section 6</b>	<b>(Cross Rock, Side) x 2, Cross Rock, Sailor 1/2 Cross</b>	
1,2&	Cross rock right over left. Recover on left. Step right to right side	Cross rock &
3,4&	Cross rock left over right. Recover on right. Step left to left side	Cross rock &
5,6	Cross rock right over left. Recover on left	Cross rock
7&8	Turn 1/2 right crossing right behind left (3:00). Step left to left side. Cross right over left	Sailor cross
<b>Section 7</b>	<b>Sway x 4, Behind, Side, Cross Shuffle</b>	
1-4	Step left to left side and sway left. Sway right. Sway left. Sway right	Sway, sway, sway, sway
5,6	Cross left behind right. Step right to right side	Behind, side
7&8	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
<b>Section 8</b>	<b>Side Touch, Kick-Ball Cross, Side Touch, Kick-Ball Step</b>	
1,2	Step right to right side. Touch left beside right	Side, touch
3&4	Kick left to left side. Step ball of left beside right. Cross right over left	Kick-ball cross
5,6	Step left to left side. Touch right beside left	Side, touch
7&8	Kick right forward. Step ball of right beside left. Step left forward	Kick-ball step
<b>Restart</b>	<b>* Wall 4 (9:00) after 8 Counts (restart facing 3:00)</b>	
<b>Ending</b>	<b>@ Wall 6 (6:00) after 38 Counts (facing 9:00)</b>	
	<b>3/4 Toe Turn, Side</b>	
7,8,1	Touch left toe back. Turn 3/4 left (12:00). Step right to right side	Toe, turn, side
	<i>Non-turning steps 7-8,1: 1/4 Toe Turn, Side</i>	
7,8,1	<i>Touch left toe back. Turn 1/4 right (12:00). Step right to right side</i>	<i>Toe, turn, side</i>