



Dance: **Grundy Gallop**  
 Type: 32 Count, 2 Wall, Improver  
 Choreographer: Jenny Rockett  
 Choreographed to: Sold by John Michael Montgomery (117 bpm, 2:30 min)

Intro: Start after count 16

**Section 1 (Left Shuffle, Right Shuffle) x 2**

1&2	Step left forward. Step right beside left. Step left forward	Left shuffle
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5&6	Step left forward. Step right beside left. Step left forward	Left shuffle
7&8	Step right forward. Step left beside right. Step right forward	Right shuffle
	{Make full turn left over 4 shuffle steps}	
	<i>Non-turning steps 1-8: Back Shuffle x 2, Left Shuffle, Right Shuffle</i>	
1&2	<i>Step left back on diagonal (7:30). Step right beside left. Step left back</i>	<i>Back shuffle</i>
3&4	<i>Step right back on diagonal (4:30). Step left beside right. Step right back</i>	<i>Back shuffle</i>
5&6	<i>Step left forward on diagonal (1:30). Step right beside left. Step left forward</i>	<i>Left shuffle</i>
7&8	<i>Step right forward on diagonal (10:30). Step left beside right. Step right forward</i>	<i>Right shuffle</i>

**Section 2 Toe Switch x 2, Heel Toe Touch x 2, Left Shuffle**

1,2	Touch left toe to left side. Step left beside right	Toe, &
3,4	Touch right toe to right side. Step right beside left	Toe, &
5,6	Touch left heel forward. Touch left toe back	Heel, toe
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle

**Section 3 Heel Toe Touch x 2, Right Shuffle, Forward Rock, Back Shuffle**

1,2	Touch right heel forward. Touch right toe back	Heel, toe
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Step left back. Step right beside left. Step left back	Back shuffle

**Section 4 Back Rock, Right Shuffle, Step Pivot 1/2, Stomp x 2**

1,2	Rock back on right. Recover on left	Back rock
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left forward. Pivot 1/2 turn right (6:00)	Step, pivot
7,8	Stomp left beside right. Stomp right in place	Stomp, stomp