



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Highland Girl**
Type: 80 Count, 4 Wall, Intermediate
Choreographer: Karen Knight (UK), June 2021
Choreographed to: Highland Girl by Torridon (104 bpm, 5:08 min)

Intro: Start after count 32; sequence A, B, A, B, A, B, B, A, Bridge, B, B, B, B, B

A Section 1	Right Shuffle, 1/2 Shuffle, Back Rock, Kick-Ball Change	
1&2	Step right forward. Step left beside right. Step right forward	Right shuffle
3&4	Turn 1/4 right stepping left to left side. Step right beside left. Turn 1/4 right stepping left back (6:00)	Half shuffle
5,6	Rock back on right. Recover on left	Back rock
7&8	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
A Section 2	Cross, Side, Sailor Step, Cross, Side, Sailor 1/4	
1,2,3&4	Cross right over left. Step left to left side. Cross right behind left. Step left to left side. Step right to right side	Cross, side, sailor step
5,6	Cross left over right. Step right to right side	Cross, side
7&8	Turn 1/4 left crossing left behind right (3:00). Step right to right side. Step left to left side	Coaster step
A Section 3	Chasse 1/4 Right, Chasse Left, Cross, Back, Chasse Right	
1&2	Step right to right side. Step left beside right. Step right 1/4 turn right (6:00)	Right chasse turn
3&4,5,6	Step left to left side. Step right beside left. Step left to left side. Cross right over left. Step left back	Left chasse, cross, back
7&8	Step right to right side. Step left beside right. Step right to right side	Right chasse
A Section 4	Cross, Back, Coaster Step, 1/4 Chasse Right, 1/4 Back Shuffle	
1,2,3&4	Cross left over right. Step right back. Step left back. Step right beside left. Step left forward	Cross, back, coaster step
5&6	Turn 1/4 left stepping right to right side (3:00). Step left beside right. Step right to right side	Turn chasse
7&8	Turn 1/4 left stepping left back (12:00). Step right beside left. Step left back	Turn shuffle
A Section 5	Back Touch, Side Touch, 1/4 Turn, Close, Monterey 1/4	
1-4	Step right back. Touch left beside right. Step left to left side. Touch right beside left	Back, touch, side, touch
5,6	Turn 1/4 left stepping right to right side (9:00). Step left beside right	Turn, close
7&	Point right to right side. Turn 1/4 right stepping right beside left (12:00)	Monterey turn
8&	Point left to left side. Step left beside right	
A Section 6	Vaudeville x 2, Heel 1/4 Bounce, Cross, Side	
1&2&	Cross right over left. Step left to left side. Touch right heel forward on diagonal (1:30). Step right beside left	Cross, &, heel, &
3&4&	Cross left over right. Step right to right side. Touch left heel forward on diagonal (10:30). Step left beside right	Cross, &, heel, &
5&6	Bounce heels. Bounce heels. Bounce heels (9:00) {Make 1/4 turn left over 3 heel bounces}	Bounce, bounce, bounce
7,8	Cross right over left. Step left to left side	Cross, side
B Section 1	Step Touch, Back, Kick, Coaster Step, Left Shuffle, Step Pivot 1/2	
1&2&	Step right forward. Touch left beside right. Step left back. Kick right forward	Step, touch, back, kick
3&4	Step right back. Step left beside right. Step right forward	Coaster step
5&6,7,8	Step left forward. Step right beside left. Step left forward. Step right forward. Pivot 1/2 turn left (3:00)	Left shuffle, step, pivot
B Section 2	Step Lock Step x 2, Rocking Chair, V-Step	
1&2	On diagonal (4:30) - Step right forward. Lock left behind right. Step right forward	Step, lock, step
3&4	On diagonal (1:30) - Step left forward. Lock right behind left. Step left forward	Step, lock, step
5&6&	Rock forward on right (3:00). Recover on left. Rock back on right. Recover on left	Rocking chair
7&	Step right forward on diagonal (4:30). Step left forward on diagonal (1:30)	Step out, out
8&	Step right back on diagonal (10:30). Step left beside right	In, close
B Section 3	Step Touch, Back, Kick, Coaster Step, Left Shuffle, Step Pivot 1/2	
1&2&	Step right forward. Touch left beside right. Step left back. Kick right forward	Step, touch, back, kick
3&4	Step right back. Step left beside right. Step right forward	Coaster step
5&6,7,8	Step left forward. Step right beside left. Step left forward. Step right forward. Pivot 1/2 turn left (9:00)	Left shuffle, step, pivot
B Section 4	Step Lock Step x 2, Rocking Chair, V-Step	
1&2	On diagonal (10:30) - Step right forward. Lock left behind right. Step right forward	Step, lock, step
3&4	On diagonal (7:30) - Step left forward. Lock right behind left. Step left forward	Step, lock, step
5&6&	Rock forward on right (9:00). Recover on left. Rock back on right. Recover on left	Rocking chair
7&	Step right forward on diagonal (10:30). Step left forward on diagonal (7:30)	Step out, out
8&	Step right back on diagonal (4:30). Step left beside right	In, close
Tag	End of Wall 3 (6:00) - add Tag facing 3:00 Repeat Section B Counts 1-32	
Bridge	Wall 4 (3:00) after 48 Counts (facing 12:00) Jazz Box	
1-4	Cross right over left. Step left back. Step right to right side. Step left beside right	Cross, back, side, close