



Dance: **Hills Of Connemara**  
 Type: 32 Count, 4 Wall, Improver  
 Choreographer: Kate Sala (UK) & Rob Fowler (ES), March 2024  
 Choreographed to: Hills Of Connemara by Ritchie Remo (104 bpm, 3:06 min)

Intro: Start after count 8, on the vocals

**Section 1 Sugarfoot x 2, Mambo Step, Coaster Step**

|   |   |                          |
|---|---|--------------------------|
| 1&2   | Touch right beside left. Touch right heel forward on diagonal (1:30). Stomp right forward | Toe, heel, stomp         |
| 3&4   | Touch left beside right. Touch left heel forward on diagonal (10:30). Stomp left forward  | Toe, heel, stomp         |
| <i>Alternative steps 1-4 Wall 6 only (9:00): Chase 1/2 Turn x 2</i> |   |                          |
| 1&2   | <i>Step right forward. Pivot 1/2 turn left (3:00). Step right forward</i>                 | <i>Step, pivot, step</i> |
| 3&4   | <i>Step left forward. Pivot 1/2 turn right (9:00). Step left forward</i>                  | <i>Step, pivot, step</i> |
| 5&6   | Rock forward on right. Recover on left. Step right beside left                            | Mambo step               |
| 7&8   | Step left back. Step right beside left. Step left forward                                 | Coaster step             |

**Section 2 Point x 3, Weave Left, Step Touch, Back, Coaster Cross**

|      |  |                     |
|------|--|---------------------|
| 1&2  | Point right to right side. Touch right beside left. Point right to right side          | Point out, in, out  |
| 3&4  | Cross right behind left. Step left to left side. Cross right over left                 | Behind, side, cross |
| 5&6  | Facing diagonal (10:30) - Step left forward. Touch right behind left. Step right back  | Step, touch, back   |
| 7&8* | Turn 1/8 left stepping left back (9:00). Step right beside left. Cross left over right | Coaster cross       |

**Section 3 Side, Close, Chasse Right, Back Rock, Side, Weave Left**

|     |  |                     |
|-----|--|---------------------|
| 1,2 | Step right to right side. Step left beside right                           | Side, close         |
| 3&4 | Step right to right side. Step left beside right. Step right to right side | Right chasse        |
| 5&6 | Rock back on left. Recover on right. Step left to left side                | Back rock, side     |
| 7&8 | Cross right behind left. Step left to left side. Cross right over left     | Behind, side, cross |

**Section 4 Rumba Box, (Back, Clap) x 2, Coaster Step**

|      |   |                        |
|------|---|------------------------|
| 1&2  | Step left to left side. Step right beside left. Step left forward | Side, close, step      |
| 3&4  | Step right to right side. Step left beside right. Step right back | Side, close, back      |
| 5&6& | Step left back. Clap. Step right back. Clap                       | Back, clap, back, clap |
| 7&8  | Step left back. Step right beside left. Step left forward         | Coaster step           |

**Tag End of Wall 8 (3:00 - add Tag facing 12:00)**

**Step Pivot 1/2**  
 1,2 Step right forward. Pivot 1/2 turn left (6:00) Step, pivot

**Restart \* Wall 3 (6:00) after 16 Counts (restart facing 3:00)**