



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **I Can't Lose**
Type: 64 Count, 4 Wall, Intermediate
Choreographer: Kate Sala (UK), July 2025
Choreographed to: I Can't Lose by Jonas Brothers (122 bpm, 3:02 min)

Intro: Start after count 8

Section 1	Side, Behind, Kick-Ball Cross, Side Rock, Toe Switch x 2	
1,2	Step right to right side. Cross left behind right	Side, behind
3&4	Kick right forward. Step ball of right beside left. Cross left over right	Kick-ball cross
5,6	Rock to side on right. Recover on left	Side rock
&7&8	Step right beside left. Touch left toe to left side. Step left beside right. Touch right toe to right side	&, toe, &, toe
Section 2	Jazz Box Step, Kick-Ball Change, Cross Rock	
1-4	Cross right over left. Step left back. Step right to right side. Step left forward	Cross, back, side, step
5&6	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
7,8#**	Cross rock right over left. Recover on left	Cross rock
Section 3	Side, Cross Rock, 1/4 Turn, Step Pivot 1/4, Cross Shuffle	
1-3	Step right to right side. Cross rock left over right. Recover on right	Side, cross rock
4-6	Step left 1/4 turn left (9:00). Step right forward. Pivot 1/4 turn left (6:00)	Turn, step, pivot
7&8	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
Section 4	Chasse Left, Back Rock, Side, 3/4 Turn	
1&2	Step left to left side. Step right beside left. Step left to left side	Left chasse
3,4	Cross rock right behind left. Recover on left	Back rock
5,6	Step right to right side. Turn 1/4 left stepping left to left side (3:00)	Side, turn
7,8	Turn 1/4 left stepping right to right side (12:00). Turn 1/4 left stepping left to left side (9:00)	Turn, turn
5-8	<i>Non-turning steps 5-8: Side, Back, Behind, 1/4 Turn</i> <i>Step right to right side. Step left back. Cross right behind left. Turn 1/4 right stepping left to left side (9:00)</i>	<i>Side, back, behind, turn</i>
Section 5	Right Shuffle, Forward Rock, Walk Back x 2, 1/2 Toe Turn	
1&2	Step right forward. Step left beside right. Step right forward	Right shuffle
3-6	Rock forward on left. Recover on right. Walk back stepping left, right	Forward rock, back, back
7,8	Touch left toe back. Turn 1/2 turn left (3:00)	Toe, turn
7,8	<i>Non-turning steps 7-8: Toe Strut</i> <i>Step left toe back. Lower left heel</i>	<i>Back strut</i>
Section 6	Right Shuffle, Forward Rock, Walk Back x 2, 1/4 Toe Turn	
1&2	Step right forward. Step left beside right. Step right forward	Right shuffle
3-6	Rock forward on left. Recover on right. Walk back stepping left, right	Forward rock, back, back
7,8*	Touch left toe back. Turn 1/4 left (12:00)	Toe, turn
1&2	<i>Non-turning steps 1-8: Back Shuffle, Back Rock, Walk x 2, 1/4 Toe Turn</i> <i>Step right back. Step left beside right. Step right back</i>	<i>Back shuffle</i>
3-6	<i>Rock back on left. Recover on right. Walk forward stepping left, right</i>	<i>Back rock, walk, walk</i>
7,8*	<i>Touch left toe forward. Turn 1/4 right (12:00)</i>	<i>Toe, turn</i>
Section 7	Cross Rock, 3/4 Turn, 1/4 Chasse Right, Cross Rock	
1,2	Cross rock right over left. Recover on left	Cross rock
3,4	Step right 1/4 turn right (3:00). Turn 1/2 right stepping left back (9:00)	Turn, turn
5&6	Turn 1/4 right stepping right to right side (12:00). Step left beside right. Step right to right side	Turn chasse
3,4	<i>Non-turning steps 3-6: Side, Behind, Chasse Right</i> <i>Step right to right side. Cross left behind right</i>	<i>Side, behind</i>
5&6	<i>Step right to right side. Step left beside right. Step right to right side</i>	<i>Right chasse</i>
7,8	Cross rock left over right. Recover on right	Cross rock
Section 8	Side, Drag, Back Rock, Toe 1/4 Strut, Toe Strut	
1-4	Step left large step to left side. Drag right towards left. Cross rock right behind left. Recover on left	Side, drag, back rock
5-8	Step right toe 1/4 turn right (3:00). Lower right heel. Step left toe forward. Lower left heel	Turn strut, toe strut
Tag	# Wall 5 (9:00) after 16 Counts (facing 9:00) Side Rock 1/4 Turn, Step Pivot 1/2	
1,2	Rock to side on right. Turn 1/4 left recovering on left (6:00)	Rock, turn
3,4	Step right forward. Pivot 1/2 turn left (12:00)	Step, pivot
1-4	<i>Non-turning steps 1-4: Side Rock 1/4 Turn, Back Rock</i> <i>Rock to side on right. Turn 1/4 right recovering on left (12:00). Rock back on right. Recover on left</i>	<i>Rock, turn, back rock</i>
Restart	* Wall 1 (12:00) after 48 Counts (restart facing 12:00) ** Wall 5 after Tag	