



Dance: **I Promise**
 Type: 32 Count, 4 Wall, Improver
 Choreographer: Jamie Barnfield (UK), July 2024
 Choreographed to: I Promise by Ryan Evans (132 bpm, 3:02 min)

Intro: Start after count 32

Section 1	Step Tap, Back Shuffle, Back Rock, Kick-Ball Cross	
1,2	Step right forward. Tap left behind right	Step, tap
3&4	Step left back. Step right beside left. Step left back	Back shuffle
5,6	Rock back on right. Recover on left	Back rock
7&8	Kick right forward. Step ball of right beside left. Cross left over right	Kick-ball cross
Section 2	Side Rock, Cross Shuffle, Hinge 1/2 Turn, Cross Rock	
1,2	Rock to side on right. Recover on left	Side rock
3&4	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
5,6	Turn 1/4 right stepping left back (3:00). Turn 1/4 right stepping right to right side (6:00)	Turn, turn
7,8	Cross rock left over right. Recover on right	Cross rock
Section 3	Side Touch x 2, Side, Close, Cross Shuffle	
1,2	Step left to left side. Touch right beside left	Side, touch
3,4	Step right to right side. Touch left beside right	Side, touch
	<i>Optional styling steps 1,3: Lead with shoulder into side step</i>	
5,6	Step left to left side.. Step right beside left	Side, close
7&8	Cross left over right. Step right to right side. Cross left over right	Cross shuffle
Section 4	Side, Behind, 1/4 Turn, Chase 1/2 Turn, Full Turn	
1-3	Step right to right side. Cross left behind right. Step right 1/4 turn right (9:00)	Side, behind, turn
4-6 @	Step left forward. Pivot 1/2 turn right (3:00). Step left forward	Step, pivot, step
7,8	Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward	Full turn
	<i>Non-turning steps 3-8: 1/4 Turn, Back Rock, Step, Walk x 2</i>	
3	<i>Turn 1/4 left stepping right back (3:00)</i>	Turn
4-6 @	<i>Rock back on left. Recover on right. Step left forward</i>	Back rock, step
7,8	<i>Walk forward stepping right, left</i>	Walk, walk
Tag	End of Wall 3 (6:00 - add Tag facing 9:00)	
	K-Step	
1,2	Step right forward on diagonal (10:30). Touch left beside right and clap	Step, touch
3,4	Step left back on diagonal (4:30). Touch right beside left and clap	Back, touch
5,6	Step right back on diagonal (1:30). Touch left beside right and clap	Step, touch
7,8	Step left forward on diagonal (7:30). Touch right beside left and clap	Back, touch
Ending	@ Wall 11 (6:00) after 30 Counts (facing 9:00)	
	3/4 Turn, Cross	
7,8	Turn 1/2 left stepping right back (3:00). Turn 1/4 left stepping left to left side (12:00)	Turn, turn
1	Cross right over left	Cross