



Dance: **Lonesome, On'ry And Mean**
Type: 32 Count, 4 Wall, Improver
Choreographer: Karen Knight (UK), February 2020
Choreographed to: Lonesome, On'ry And Mean (108 bpm, 3:37 min)

Intro: Start after count 16, on the word "Bus"

Section 1 Side, Close, Chasse Right, Cross Rock, Chasse Left

1,2	Step right to right side. Step left beside right	Side, close
3&4	Step right to right side. Step left beside right. Step right to right side	Right chasse
5,6	Cross rock left over right. Recover on right	Cross rock
7&8	Step left to left side. Step right beside left. Step left to left side	Left chasse

Section 2 Extended Weave Left, Side Rock, Coaster Step

1&	Cross right over left. Step left to left side	Cross, side
2&	Cross right behind left. Step left to left side	Behind, side
3&4	Cross right over left. Step left to left side. Cross right behind left	Cross, side, behind
5,6	Rock to side on left. Recover on right	Side rock
7&8	Step left back. Step right beside left. Step left forward	Coaster step

Section 3 Forward Rock, 1/2 Shuffle, Forward Rock, 1/4 Chasse Left

1,2	Rock forward on right. Recover on left	Forward rock
3&4	Turn 1/4 right stepping right to right side. Step left beside right. Step right 1/4 turn right (6:00)	Half shuffle
5,6	Rock forward on left. Recover on right	Forward rock
7&8	Turn 1/4 left stepping left to left side (3:00). Step right beside left. Step left to left side	Turn chasse

Section 4 Walk x 2, Right Shuffle, Vaudeville

1,2	Walk forward stepping right, left	Walk, walk
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5&	Cross left over right. Step right back	Cross, &
6&	Touch left heel forward on diagonal (1:30). Step left beside right	Heel, &
7&8	Cross right over left. Step left back. Touch right heel forward on diagonal (4:30)	Cross, &, heel

Many thanks to Marcus for asking me if there was a dance that could be done to this music. Well there is now.