



# Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **More Time, More Life**  
Type: 32 Count, 4 Wall, Improver  
Choreographer: Silvia Schill (DE), February 2022  
Choreographed to: More by Sam Ryder (121 bpm, 3:46 min)

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Intro: Start after count 8, on the vocals

**Section 1 Jazz Box 1/4 Step x 2**

|     |  |                         |
|-----|--|-------------------------|
| 1-4 | Cross right over left. Step left back. Step right 1/4 turn right (3:00). Step left forward | Cross, back, turn, step |
| 5-8 | Cross right over left. Step left back. Step right 1/4 turn right (6:00). Step left forward | Cross, back, turn, step |

**Section 2 Forward Rock, (Back, Heel Touch) x 2, Coaster Step, Step Pivot 1/4**

|      |  |                  |
|------|--|------------------|
| 1,2  | Rock forward on right. Recover on left   | Forward rock     |
| &3&4 | Step right back. Touch left heel forward. Step left back. Touch right heel forward | &, heel, &, heel |
| 5&6  | Step right back. Step left beside right. Step right forward                        | Coaster step     |
| 7,8  | Step left forward. Pivot 1/4 turn right (9:00)                                     | Step, pivot      |

**Section 3 Cross, Hold, Side, Behind, Hold, Side, Cross Shuffle, Toe Switch x 2**

|      |  |                  |
|------|--|------------------|
| 1,2  | Cross left over right. Hold  | Cross, hold      |
| &3,4 | Step right to right side. Cross left behind right. Hold  | &, behind, hold  |
| &5&6 | Step right to right side. Cross left over right. Step right to right side. Cross left over right | &, cross shuffle |
| 7&   | Touch right toe to right side. Step right beside left  | Toe, &           |
| 8&*  | Touch left toe to left side. Step left beside right  | Toe, &           |

**Section 4 Rocking Chair, Step Pivot 1/4 x 2**

|     |   |               |
|-----|---|---------------|
| 1-4 | Rock forward on right. Recover on left. Rock back on right. Recover on left | Rocking chair |
| 5,6 | Step right forward. Pivot 1/4 turn left (6:00)                              | Step, pivot   |
| 7,8 | Step right forward. Pivot 1/4 turn left (3:00)                              | Step, pivot   |

**Restart** \* Walls 1 & 9 (12:00) after 24& Counts (restart facing 9:00)  
\* Wall 4 (3:00) after 24& Counts (restart facing 12:00)

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