



# Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **My New Life**  
 Type: 48 Count, 4 Wall, Beginner  
 Choreographer: John Offermans (NL), 2007  
 Choreographed to: High Class Lady by The Lennerockers (176 bpm, 3:40 min)

Intro: Start after count 32, on the vocals

**Section 1 (Step Lock Step, Brush) x 2**

1-4	Step right forward. Lock left behind right. Step right forward. Brush left	Step, lock, step, brush
5-8	Step left forward. Lock right behind left. Step left forward. Brush right	Step, lock, step, brush

**Section 2 Forward Rock, Toe Strut x 3**

1,2	Rock forward on right. Recover on left	Forward rock
3,4	Step right toe back. Lower right heel	Back strut
5,6	Step left toe back. Lower left heel	Back strut
7,8	Step right toe back. Lower right heel	Back strut

**Section 3 Coaster Step, Hold, Chase 1/2 Turn, Hold**

1-4	Step left back. Step right beside left. Step left forward. Hold	Coaster step, hold
5-8	Step right forward. Pivot 1/2 turn left (6:00). Step right forward. Hold	Step, pivot, step, hold
<i>Non-turning steps 5-8: Forward Rock, Back, Hold</i>		
5-8	<i>Rock forward on right. Recover on left. Step right back. Hold</i>	<i>Forward rock, back, hold</i>

**Section 4 Chase 1/2 Turn, Hold, (Prissy Walk, Hold) x 2**

1-4	Step left forward. Pivot 1/2 turn right (12:00). Step left forward. Hold	Step, pivot, step, hold
<i>Non-turning steps 1-4: Back Rock, Step, Hold</i>		
1-4	<i>Rock back on left. Recover on right. Step left forward. Hold</i>	<i>Back rock, step, hold</i>
5,6	Step right forward across left. Hold	Walk, hold
7,8	Step left forward across right. Hold	Walk, hold

**Section 5 Cross, Side, Cross, Hold, Toe Strut x2**

1-4	Cross right over left. Step left very small step left. Cross right over left. Hold	Cross, side, cross, hold
5,6	Step left toe to left side on diagonal (10:30). Lower left heel	Side strut
7,8	Cross right toe over left. Lower right heel	Cross strut

**Section 6 Toe Strut x 2, Side Rock 1/4 Turn, Step, Brush**

1,2	Step left toe to left side on diagonal (10:30). Lower left heel	Side strut
3,4	Cross right toe over left. Lower right heel	Cross strut
5,6	Rock to side on left (12:00). Turn 1/4 right recovering on right (3:00)	Rock, turn
7,8	Step left forward. Brush right	Step, brush