



Dance: **No Quiero Sufrir**
 Type: 32 Count, 4 Wall, Improver
 Choreographer: Anthony Josephine (INA) & Wenarika Josephine (INA), June 2021
 Choreographed to: No Vale La Pena Sufrir by Limi-T 21 (116 bpm, 2:44 min)

Intro: Start after count 32

Section 1	Walk x 4, Back Shuffle x 2	
1-4	Walk forward stepping right, left, right, left	Walk, walk, walk, walk
5&6	On diagonal (4:30) - Step right back. Step left beside right. Step right back	Back shuffle
7&8	On diagonal (7:30) - Step left back. Step right beside left. Step left back	Back shuffle
Section 2	Chasse Right, Hip Bump, (Side, Hip Bump) x 2	
1,2	Step right to right side. Step left beside right	Side, close
3,4	Step right to right side. Touch left beside right and bump hips left	Side, bump left
5,6	Step left to left side. Touch right beside left and bump hips right	Side, bump right
7#*8	Step right to right side. Touch left beside right and bump hips left	Side, bump left
Section 3	Rolling Vine Left Hip Bump, (Cross Back Rock, Side) x 2	
1,2	Step left 1/4 turn left. Turn 1/2 left stepping right back	Turn, turn
3,4	Turn 1/4 left stepping left to left side. Touch right beside left and bump hips right	Turn, bump right
	<i>Non-turning steps 1-4: Vine Left Hip Bump</i>	
1,2	<i>Step left to left side. Cross right behind left</i>	<i>Side, behind</i>
3,4	<i>Step left to left side. Touch right beside left and bump hips right</i>	<i>Side, bump right</i>
5&6	Cross rock right behind left. Recover on left. Step right to right side	Back rock, side
7&8	Cross rock left behind right. Recover on right. Step left to left side	Back rock, side
Section 4	Step Pivot 1/2, Step Pivot 1/4, Cross Point, Kick, Flick	
1,2	Step right forward. Pivot 1/2 turn left (6:00)	Step, pivot
3,4	Step right forward. Pivot 1/4 turn left (3:00)	Step, pivot
	<i>Non-turning steps 1-4: Forward Rock, Back Rock 1/4 Turn</i>	
1,2	<i>Rock forward on right. Recover on left</i>	<i>Forward rock</i>
3,4	<i>Rock back on right. Turn 1/4 right recovering on left (3:00)</i>	<i>Rock, turn</i>
5,6	Cross right over left. Point left to left side	Cross, point
7,8	Kick left forward. Hop left to centre and flick right back	Kick, flick
Tag	End of Wall 3 (6:00 - add Tag facing 9:00)	
	Side Rock	
1,2	Rock to side on right. Recover on left	Side rock
Step Change	# Wall 7 (6:00) after 15 Counts (facing 6:00)	
	Close	
8	Step left beside right	Close
Restart	* Wall 7 after Step Change	

“No Quiero Sufrir” : I Do Not Want To Suffer

“No Vale La Pena Sufrir” : It's Not Worth Suffering