



Dance: **Oh Lonesome Me**
 Type: 32 Count, 2 Wall, Improver
 Choreographer: Heather Gronow, February 2019
 Choreographed to: Oh Lonesome Me by Don Gibson (108 bpm, 2:26 min)

Intro: Start after count 8

Section 1	Cross Rock, Chasse Right, Cross Rock, Chasse 1/4 Left	
1,2	Cross rock right over left. Recover on left	Cross rock
3&4	Step right to right side. Step left beside right. Step right to right side	Right chasse
5,6	Cross rock left over right. Recover on right	Cross rock
7&8	Step left to left side. Step right beside left. Step left 1/4 turn left (9:00)	Chasse turn
Section 2	Forward Rock, 1/2 Shuffle x 2, Back Rock	
1,2	Rock forward on right. Recover on left	Forward rock
3&	Turn 1/4 right stepping right to right side. Step left beside right	Half shuffle
4	Step right 1/4 turn right (3:00)	
5&	Turn 1/4 right stepping left to left side. Step right beside left	Half shuffle
6	Turn 1/4 right stepping left back (9:00)	
	<i>Non-turning steps 3-6: Back Shuffle x 2</i>	
3&4	<i>Step right back. Step left beside right. Step right back</i>	<i>Back shuffle</i>
5&6	<i>Step left back. Step right beside left. Step left back</i>	<i>Back shuffle</i>
7,8	Rock back on right. Recover on left	Back rock
Section 3	Heel Toe Touch, Right Shuffle, Step Pivot 1/2, Left Shuffle	
1,2	Touch right heel forward. Touch right toe back	Heel, toe
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left forward. Pivot 1/2 turn right (3:00)	Step, pivot
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle
Section 4	Jazz Box 1/4, Kick-Ball Change, Walk x 2	
1,2	Cross right over left. Step left back	Cross, back
3,4	Step right 1/4 turn right (6:00). Step left beside right	Turn, close
5&6	Kick right forward. Step ball of right beside left. Step left in place	Kick-ball change
7,8	Walk forward stepping right, left	Walk, walk