



Dance: **Pick Her Up**
 Type: 64 Count, 2 Wall, Improver / Intermediate
 Choreographer: Darren Bailey, June 2020
 Choreographed to: Pick Her Up by Hot Country Knights ft Travis Tritt (166 bpm, 2:47 min)

Intro: Start after count 16

Section 1 Vine Right Cross, Point Cross x 2

1,2	Step right to right side. Cross left behind right	Side, behind
3,4	Step right to right side. Cross left over right	Side, cross
5,6	Point right to right side. Cross right over left	Point, cross
7,8	Point left to left side. Cross left over right	Point, cross

Section 2 (Heel Grind 1/4, Back Rock) x 2

1,2	Grind right heel forward making 1/4 turn right (3:00). Step left back	Heel grind
3,4	Rock back on right. Recover on left	Back rock
5,6	Grind right heel forward making 1/4 turn right (6:00). Step left back	Heel grind
7,8	Rock back on right. Recover on left	Back rock

Section 3 Step, Sweep, Weave Right, Sweep, Behind, Side

1,2	Step right forward and clap. Sweep left forward and click fingers - left low, right high	Step, sweep
3,4	Cross left over right. Step right to right side	Cross, side
5,6	Cross left behind right and clap. Sweep right back and click fingers - left high, right low	Behind, sweep
7,8	Cross right behind left. Step left to left side	Behind, side

Section 4 Stomp x 2, Swivet x 2, Stomp x 2

1,2	Stomp right forward. Stomp left beside right	Stomp, stomp
3,4	Twist right toe to right and left heel to left. Twist heels and toes to centre	Swivet
5,6	Twist left toe to left and right heel to right. Twist heels and toes to centre	Swivet
7,8	Stomp right forward. Stomp left beside right	Stomp, stomp

Section 5 Rocking Chair, Step Pivot 1/2 x 2

1-4	Rock forward on right. Recover on left. Rock back on right. Recover on left	Rocking chair
5,6	Step right forward. Pivot 1/2 turn left (12:00)	Step, pivot
7,8	Step right forward. Pivot 1/2 turn left (6:00)	Step, pivot
<i>Non-turning steps 5-8: Rocking Chair</i>		
5-8	<i>Rock forward on right. Recover on left. Rock back on right. Recover on left</i>	<i>Rocking chair</i>

Section 6 Vine Right Touch, 1/2 Rumba Box

1,2	Step right to right side. Cross left behind right	Side, behind
3,4	Step right to right side. Touch left beside right	Side, touch
5-8	Step left to left side. Step right beside left. Step left forward. Hold	Side, close, step, hold

Section 7 Chase 1/2 Turn, Hold, Walk x 3, Hold

1-4	Step right forward. Pivot 1/2 turn left (12:00). Step right forward. Hold	Step, pivot, step, hold
5-8*	Walk forward stepping left, right, left, Hold	Walk, walk, walk, hold
<i>Optional turning steps 5-8: Full Triple Turn, Hold</i>		
5,6	<i>Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward</i>	<i>Full triple turn</i>
7,8	<i>Step left forward. Hold</i>	<i>Hold</i>

Section 8 Modified V-Step, Side Touch, Heel 1/2 Bounce

1,2	Step right forward on diagonal (1:30). Step left forward on diagonal (10:30)	Step out, out
3,4	Step right back on diagonal (7:30). Cross left over right (12:00)	In, cross
5,6	Step right to right side. Touch left behind right	Side, touch
7,8	Bounce heels making 1/4 turn left (9:00). Bounce heels making 1/4 turn left (6:00)	Bounce, bounce

Restart * Wall 5 (12:00) after 56 Counts (restart facing 12:00)