



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Sand**
Type: 32 Count, 4 Wall, Beginner
Choreographer: Jill Weiss, June 2019
Choreographed to: Sand by Thomas Rhett (91 bpm, 2:42 min)

Intro: Start after count 32

Section 1 Modified Rumba Box

1,2	Step right to right side. Step left beside right	Side, close
3&4	Step right forward. Step left beside right. Step right forward	Right shuffle
5,6	Step left to left side. Step right beside left	Side, close
7&8	Step left forward. Step right beside left. Step left forward	Left shuffle

Section 2 Forward Rock, Walk Back x 2, Back Rock, Hip Bump x 3

1,2	Rock forward on right. Recover on left	Forward rock
3,4	Walk back stepping right, left	Back, back
	<i>Optional turning steps 3-4: Full Turn</i>	
3,4	<i>Turn ½ right stepping right forward. Turn ½ right stepping left back</i>	<i>Full turn</i>
5,6	Rock back on right. Recover on left	Back rock
7&8	Step right forward and bump hips right. Bump hips left. Bump hips right	Bump right, left, right

Section 3 Point x 2, Coaster Step, Step Pivot 1/4, Cross Shuffle

1,2	Point left forward. Point left to left side	Point forward, out
3&4	Step left back. Step right beside left. Step left forward	Coaster step
5,6	Step right forward. Pivot 1/4 turn left (9:00)	Step, pivot
7&8	Cross right over left. Step left to left side. Cross right over left	Cross shuffle

Section 4 Side Rock, Weave Right, Kick-Ball Cross, Sway x 2

1,2	Rock to side on left. Recover on right	Side rock
3&4	Cross left behind right. Step right to right side. Cross left over right	Behind, side, cross
5&6	Kick right to right side. Step ball of right beside left. Cross left over right	Kick-ball cross
7,8	Step right to right side and sway right. Sway left	Sway, sway
