



Dance: **Soul Shake**
Type: 64 Count, 4 Wall, Intermediate
Choreographer: Fred Whitehouse (Ire), August 2019
Choreographed to: Soul Shake by Tommy Castro (157 bpm, 3:59 min)

Intro: Start after count 80, on the vocals

Section 1	Vine Left Cross, Chasse Left, Back Rock	
1,2	Step left to left side. Cross right behind left	Side, behind
3,4	Step left to left side. Cross right over left	Side, cross
5&6	Step left to left side. Step right beside left. Step left to left side	Left chasse
7,8	Rock back on right. Recover on left	Back rock
Section 2	Monterey 1/4 x 2	
1,2	Point right to right side. Turn 1/4 right stepping right beside left (3:00)	Monterey turn
3,4	Point left to left side. Step left beside right	
5,6	Point right to right side. Turn 1/4 right stepping right beside left (6:00)	Monterey turn
7,8	Point left to left side. Step left beside right	
Section 3	(Side Rock, Behind) x 2, Side, Cross	
1-3	Rock to side on right. Recover on left. Cross right behind left	Side rock, behind
4-6	Rock to side on left. Recover on right. Cross left behind right	Side rock, behind
7,8	Step right to right side. Cross left over right	Side, cross
Section 4	(Stomp, Heel Toe Twist x 3) x 2	
1	Stomp right forward on diagonal (7:30)	Stomp
2-4	Twist left heel to right. Twist left toe to right. Twist left heel to right	Heel, toe, heel
5	Stomp left forward on diagonal (4:30)	Stomp
6-8	Twist right heel to left. Twist right toe to left. Twist right heel to left	Heel, toe, heel
Section 5	(Twist x 3, Hold) x 2	
1-4	Twist heels right. Twist toes right. Twist heels right. Hold and clap	Twist, twist, twist, hold
5-7	Twist heels left. Twist toes left. Twist heels left and angle body to diagonal (7:30)	Twist, twist, twist
8	Hold and clap	Hold
Section 6	Toe Strut x 2, Walk Forward x 2, Step Pivot 1/4	
1,2	Step right toe forward. Lower right heel	Toe strut
3,4	Step left toe forward. Lower left heel	Toe strut
5,6	Walk forward stepping right, left	Walk, walk
7,8	Step right forward. Pivot 1/4 turn left (3:00)	Step, pivot
Section 7	Step Point, Step, Scuff, Jazz Box Cross	
1,2	Step right forward. Point left to left side	Step, point
3,4	Step left forward. Scuff right	Step, scuff
5,6	Cross right over left. Step left back	Cross, back
7,8	Step right to right side. Cross left over right	Side, cross
Section 8	Toe Heel Touch x 4, Step, Close, Heel Bounce x 2	
1,2	Touch right toe to right side. Touch right heel to right side	Toe, heel
3,4	Touch right toe to right side. Touch right heel to right side	Toe, heel
5,6	Step right forward. Step left beside right	Step, close
7,8	Bounce heels. Bounce heels	Bounce, bounce
