



Dance: **Table For Two**  
Type: 64 Count, 4 Wall, Intermediate  
Choreographer: Karl-Harry Winson (UK), January 2025  
Choreographed to: My Kind Of Lonely by Waylon Hanel (103 bpm, 3:32 min)

---

Intro: Start after count 16, on the word "Bar"

<b>Section 1</b>	<b>Forward Rock, Back Lock Step, Back Mambo 1/2, Side</b>	
1,2	Rock forward on right. Recover on left	Forward rock
3&4	Step right back. Lock left over right. Step right back	Back, lock, back
5-7@	Rock back on left. Recover on right. Turn 1/2 right stepping left back (6:00)	Back mambo half
8	Step right to right side	Side
<b>Section 2</b>	<b>Cross Rock, Chasse 1/4 Left, Step Pivot 1/4, Cross Shuffle</b>	
1,2	Cross rock left over right. Recover on right	Cross rock
3&4	Step left to left side. Step right beside left. Step left 1/4 turn left (3:00)	Left chasse turn
5,6	Step right forward. Pivot 1/4 turn left (12:00)	Step, pivot
7&8	Cross right over left. Step left to left side. Cross right over left	Cross shuffle
<b>Section 3</b>	<b>Modified Back Rumba Box</b>	
1,2	Step left to left side. Step right beside left	Side, close
3&4	Step left back. Step right beside left. Step left back	Back shuffle
5,6	Step right to right side. Step left beside right	Side, close
7&8	Step right forward. Step left beside right. Step right forward	Right shuffle
<b>Section 4</b>	<b>Forward Rock, Coaster Step, Step Pivot 1/2 x 2</b>	
1,2	Rock forward on left. Recover on right	Forward rock
3&4	Step left back. Step right beside left. Step left forward	Coaster step
5,6	Step right forward. Pivot 1/2 turn left touching left forward (6:00)	Step, pivot
7,8	Step left forward. Pivot 1/2 turn right touching right forward (12:00)	Step, pivot
<b>Section 5</b>	<b>Step Pivot 1/2, Step Lock Step, Forward Rock, Scissor Step</b>	
1,2	Step right forward. Pivot 1/2 turn left touching left over right (6:00)	Step, pivot
3&4	Step left forward. Lock right behind left. Step left forward	Step, lock, step
5,6	Rock forward on right. Recover on left	Forward rock
7&8	Step right to right side. Step left beside right. Cross right over left	Scissor step
<b>Section 6</b>	<b>Side, Close, Scissor Step, Side, Close, Chasse 1/4 Right</b>	
1,2	Step left to left side. Step right beside left	Side, close
3&4	Step left to left side. Step right beside left. Cross left over right	Scissor step
5,6	Step right to right side. Step left beside right	Side, close
7&8	Step right to right side. Step left beside right. Step right 1/4 turn right (9:00)	Right chasse turn
<b>Section 7</b>	<b>Forward Rock, Modified Sailor 1/2, Skate x 2, Right Shuffle</b>	
1,2	Rock forward on left. Recover on right	Forward rock
3&4	Turn 1/2 left crossing left behind right (3:00). Step right to right side. Step left forward	Sailor half
5,6	Slide right forward on diagonal (4:30). Slide left forward on diagonal (1:30)	Skate, skate
7&8	Step right forward. Step left beside right. Step right forward	Right shuffle
<b>Section 8</b>	<b>Forward Rock, Close, Walk Back x 2, Back Rock, Full Turn</b>	
1,2&	Rock forward on left. Recover on right. Step left beside right	Forward rock, &
3,4	Walk back stepping right, left	Back, back
5,6	Rock back on right. Recover on left	Back rock
7,8	Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward	Full turn
	<i>Non-turning steps 7-8: Walk x 2</i>	
7,8	<i>Walk forward stepping right, left</i>	<i>Walk, walk</i>
<b>Ending</b>	<b>@ Wall 6 (3:00) after 7 Counts (facing 9:00)</b>	
	<b>1/4 Turn</b>	
8	Step right 1/4 turn right (12:00)	Turn

---